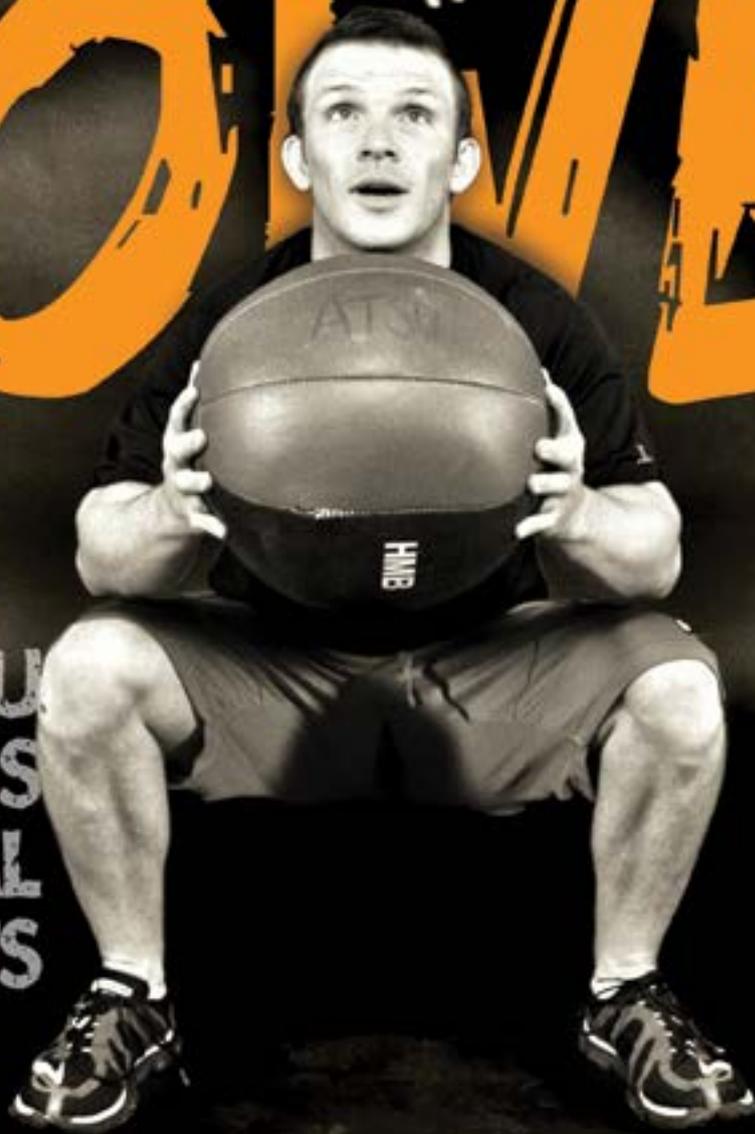


Still

# More Power



**ATSU  
PUSHES  
PHYSICAL  
LIMITS**

**5 questions with a former  
NBA trainer** p.11

**School of hard knocks** p.20

**The Ebola crisis** p.27

How America responds to an  
international emergency

point of view



# Spin me 'round

ASHS alum Grzegorz Ros performs gravity defying stunts during the Las Vegas show "Le Rêve." Read more about Dr. Ros' talents and physical therapy know-how on p. 8.





Drs. Phelps and Bytomski observe KCOM Sports Medicine Club students Logan Kline, OMS I, and Janeeka Benoit, OMS II, using ultrasound technology.

## ‘Thrill of victory, agony of defeat’

Across America each fall, hundreds of ATSU alumni spend their Friday nights voluntarily covering local high school football games. While it may not seem as glamorous as the NFL or NBA, it is just as, if not more, rewarding. Young athletes in all sports benefit from ATSU graduates—physicians, athletic trainers, physician assistants, physical therapists, occupational therapists, audiologists, and dentists—working together to diagnose, treat, rehabilitate, prevent, and better understand sports-related medical conditions, performance, and injuries. Alumni, in return, benefit from the satisfaction of helping athletes return to play, serving their communities, and sharing in the “thrill of victory and agony of defeat.”

ATSU is proud of the positive impact many graduates and faculty have made on the science and art of treating active patients. John Wood, DO; Del Maddox, DO; Keith Petersen, DO; Lee Rice, DO; Martin Levine, DO; Gunnar Brolinson, DO; Matt Maddox, DO; Rick Parker, DO; Jeff Bytomski, DO; Priscilla Tu, DO; Rebecca Rodriguez, DO; Eric Sauers, PhD; Tamara Valovich McLeod, ATC, PhD; and Jeffrey Vaughn, DO, are just a few members of ATSU’s sports medicine family who inspired me and continue to inspire others.

In this edition of *Still Magazine*, you will find many informative stories of the wonderful work being done by students, faculty, staff, and alumni to keep Americans healthy and active.

Thank you to all ATSU alumni who selflessly give back to their communities by volunteering with local schools, clubs, and other not-for-profit organizations.

Yours in service,

Craig M. Phelps, DO, '84, president

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## Our mission

A.T. Still University of Health Sciences serves as a learning-centered university dedicated to preparing highly competent professionals through innovative academic programs with a commitment to continue its osteopathic heritage and focus on whole person healthcare, scholarship, community health, interprofessional education, diversity, and underserved populations.

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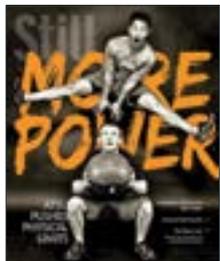
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ATSU's power people push physical limits to stay healthy and motivated to compete in their field.  
*By Lee Cashatt*

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**“Courage is important in your leadership. For that turtle to go forward, he’s got to stick his neck out.”**

– Jack Dillenberg, DDS, MPH, dean  
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Kelly Rogers

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Osteoblaster  
Weightlifting Club, KCOM

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**SPECIAL**



© Peter Chmiel



*Still Magazine* strengthens and extends the positive connections of alumni, faculty, staff, and students to the University and each other by informing, entertaining, and engendering pride in a shared experience and University mission. The magazine focuses on a variety of academic, social, political, cultural, scientific, and artistic issues through the lens of alumni and student achievements, faculty research, and institutional news.

# Still magazine

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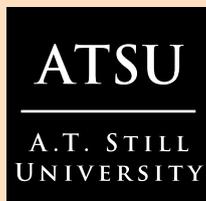
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First in  
whole person  
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## Give the gift of hearing

**There is hope.**

ATSU's Audiology Foundation of America Balance & Hearing Institute in Mesa, Ariz., provides a full range of hearing and balance care. The Institute, an ATSU Center of Excellence, provides practical training opportunities for students. Since opening in 2013, this teaching facility has provided care to more than 1,000 patients.

However, not everyone can afford the cost of treatment and devices. By investing in the Still Hearing Fund, you can provide hearing aids to children and adults who cannot afford them.

To learn more, or to schedule a tour of the AFA Balance & Hearing Institute, contact  
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# Mark your calendar

## Primary Care - Internal Medicine Review

Dec. 4-6, 2014

Big Cedar Lodge

Ridgedale (Branson), Mo.

18 category 1A credits, AOA

3 category 1A credits, AOA (pre-conference)

## Alumni & Friends CE Cruise

### Royal Caribbean's Independence of the Seas

Jan. 17-25, 2015

16 category 1A credits, AOA

## Tropical Medicine Review

April 16-18, 2015

Hotel Tamarindo Diria

Costa Rica

12 category 1A credits, AOA (anticipated)

## Founder's Day CME Program

Oct. 22-24, 2015

Missouri campus

Kirkville, Mo.

25 category 1A credits, AOA (anticipated)

## Primary Care Update

Dec. 3-5, 2015

Big Cedar Lodge

Ridgedale (Branson), Mo.

18 category 1A credits, AOA (anticipated)

For more information, contact

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# Inspiration

## MOSDOH in St. Louis

*Construction continues on dental clinic*

Dirt flew on April 26 when ATSU broke ground on its dental education and oral health clinic in St. Louis, Mo. Approximately 200 guests and 42 dental students attended the ceremony to officially establish MOSDOH and the University in the Lafayette Square area of the city. When the dust settles, the state-of-the-art facility will provide needed oral healthcare for some of Missouri's most underserved populations and a home for MOSDOH's third- and fourth-year student clinical experiences. The clinic will be managed by Grace Hill Health Centers Inc. in partnership with ATSU. Another partner, the Missouri Foundation for Health, awarded a \$1 million grant to ATSU in 2014 to assist with the design and construction of the 79,000-square-foot building. Expected completion is spring 2015. See construction photos on ATSU's Facebook page.

Second-year students Nicholas Schultz, Gregory Diedrich, Dina Tanbakuchi, Hajera Azam, and Dhvani Joshi dig deep at their future clinic site.

Living "Le Rêve"

Grins off the grid

Ready, set, pose

Take 5

Full circle

Technique of choice



**T**wice a day, five days a week, Grzegorz Ros puts on his makeup and costume, or lack thereof, and starts his warm-up routine. His adrenaline crescendos as he hears the 30-, 15-, and five-minute warnings to the top of the show.

Then, the stage manager announces, "This is your place call!"

Hanging from a metal twig 50 feet above stage, he and his colleagues are lowered to a million-gallon swimming pool. Breathing under water through air regulators, a giant metal tree emerges from the water, and the show begins.

"We jump out from under the water, right in front of the audience," Ros, DPT, explains. "Then, we swim to the tree and perform an act of climbing, jumping, swinging, and hand balancing—and that's just the first five minutes."

In his 25-year career as an acrobat, Dr. Ros was a professional athlete in Poland before plunging into show business. Competing in gymnastic acrobatics, he was champion of Poland and a member of the Polish national team, even winning medals at the European and world championships.

"I have always been mesmerized by circus arts," says Dr. Ros. "So as soon as I decided to finish my sports career, I joined a modern circus company in Poland."

He worked in countries across Europe for two years before joining the cast of "Le Rêve," a recurring show at the Wynn Las Vegas Resort. Translated as "the dream," it was voted "Best Show in Las Vegas" four times in a row and competes with the likes of Cirque du Soleil shows.

Performing 10 shows a week, nearly 500 per year, is a workout in itself. Still, to ensure he maintains his technical skills, strength, and balance, Dr. Ros follows a daily fitness routine of handstand pushups, pullups, and presses to handstand. His routine is further supplemented with heavy lifting at Philippi Sports Institute, a training facility for professional athletes run by former U.S. Strongman champion Mark Philippi.

"I put a lot of effort into injury prevention," says Dr. Ros, who earned his doctor of physical therapy degree from ASHS in 2013. "Of course, there is a lot of risk involved in what I do."

Knowing some injuries can't be avoided, he ruptured his thumb extensor last January while trying to catch another performer. He

# Living "Le Rêve"

By Katie Thudium

"Le Rêve" takes place in a round aqua theater within the Wynn Las Vegas resort.





Specializing in partner acrobatics, lifting others and being lifted is what Dr. Ros does best. Here, he walks upside down on his partner's shoulders in "Le Rêve."

had to sit out of the spotlight for two months, which is a difficult pill for any athlete to swallow.

"My know-how helped me make the right decision to have surgery," he says. "Afterward, I was actually doing a lot of rehab on my own."

His understanding of physical challenges also helps him offstage as a part-time physical therapist at Summerlin Hospital in Las Vegas. Assisting mostly in the intensive care unit, he helps patients recover from serious health conditions. From a glass of water to an extra wheelchair ride, his patients are grateful for the simplest things, reminding him to always appreciate all he has.

"It's really hard for us to imagine how much joy walking a few steps can bring after spending a week or month in bed," Dr. Ros says. "I'm glad I can share that joy with patients."

Whether in the hospital or on the stage, Dr. Ros finds men and women of all ages and nationalities who teach and inspire him.

"You won't survive here a month if you don't enjoy what you do," says Dr. Ros.

As the show goes on, he and his co-workers create a dazzling 75-minute spectacle that keeps audiences in awe and reverie. Dramatic music and lighting accentuates their breathtaking acrobatics, dancing, and high diving. They simply defy the rules of gravity. Even upside-down in a duet, Dr. Ros pushes his physical limits to the max and is really living "Le Rêve." 📌

# Grins off the grid

By Karen Scott

**E**leven countries, 15 mission trips, and four more on the docket: April Westfall, DMD, '10, has no shortage of stamps in her passport.

"My very first mission trip was my first year of dental school," Dr. Westfall recalls. "An upperclassman presented me with an opportunity to visit Costa Rica and Panama during spring break."

After that, she was hooked.

"I went to Peru a few months later and knew I would do this the rest of my life," she says.

Dr. Westfall has been to all corners of the world, including many uncharted countries like Ecuador and the Galapagos Islands, South Sudan, Guatemala, and Bolivia.

Each trip boasts a unique and special memory to Dr. Westfall. But one left her with a particularly fond memory.

In 2012, while on a mission trip to the Dominican Republic, she and another dentist were left stranded for an extra two days as a result of Hurricane Sandy.

A dental lab technician, who came to check out the organization for which they were volunteering, introduced himself to Dr. Westfall and her colleague. When they discovered the technician owned a lab, they immediately thought of a 12-year-old girl they had just treated.

"The young girl had developmental issues, did not have most of her permanent teeth, and the primary teeth she did have were grossly decayed," says Dr. Westfall.

In just two days, the product of three visionaries and an improvised prosthetics lab made an incomparable difference for the young girl. The result was a set of partial dentures created from makeshift dental burs constructed with borrowed Dremel bits from a local nail salon.

"The experience of working as a team when we did not even know each other, the equipment challenges that seemed impossible, and doing something none of us had done before and achieving success and a delighted patient, was priceless," says Dr. Westfall. "I will never forget it."

Averaging four mission trips annually, Dr. Westfall still commits to working four times a year, for one month at a time, with Yukon-Kuskokwim Health Clinic in Bethel, Alaska. She travels to remote villages, providing oral healthcare to Alaska Natives who would not otherwise have access to a dentist. Bethel, and the more than 50 surrounding villages, are only accessible by plane or boat.

Showing no indication of slowing down, Dr. Westfall is just as enthusiastic about her upcoming off-the-grid missions as her first. 📌



Dr. Westfall visits an orphanage, home to 165 children, in Yei, South Sudan, in September 2013. She was the first dentist to visit them since its establishment 14 years prior.



By Laurie Trowbridge

Dr. Fife demonstrates the Warrior II yoga pose.

**T**he Centers for Disease Control reports nearly one out of every two adults has at least one preventable chronic illness. The public's need to take charge of their health is more apparent than ever. For David Fife, DO, '06, preventive medicine served as inspiration for his new entrepreneurial venture to encourage others to invest in their health.

After sustaining a sports-related back injury, the 6-foot, 4-inch Dr. Fife tried just about every available treatment to find relief. Finally, in a last-ditch effort to ease his pain, he underwent surgery. Though the procedure provided some comfort, he still experienced chronic pain.

"I tried a lot of different methods, but couldn't get any long-lasting relief for my pain until I tried hot yoga," says Dr. Fife.

Like traditional yoga, hot yoga focuses on a series of poses and breathing exercises. However, hot yoga is performed in a studio with increased humidity and heat reaching up to 105 degrees. The elevation in temperature can create a more intense yoga experience, increasing joint lubrication and muscle flexibility.

Dr. Fife's relief was enough to convince him and his wife that others could benefit from weekly yoga to improve physical health, increase flexibility after surgeries, decrease pain associated with injuries, and reduce stress through mindful breathing. The husband-wife team visited several yoga studios in Arizona's East Valley, and while each had an important focus, they were still missing an important component.

"We wanted to incorporate osteopathic medical principles into a yoga studio to make sure we addressed mental and behavioral health and to create a place to encourage preventive health," he says. "We wanted to create a true physician-endorsed yoga studio."

Dr. Fife and his wife, Alicia, opened Hot Pepper Yoga in Mesa, Ariz., in January with partners Drs. Dan and Jarilynne Merrill. The space includes two separate studios: the Hot Pepper Room (HPR) for hot yoga, and the Green Room, which is unheated for slower-paced practices. The HPR includes state-of-the-art hospital-grade ventilation systems—outside air is pulled in and then pushed through ultraviolet lighting to purify it.

---

**"We wanted to create a true physician-endorsed yoga studio."**

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While he and his partners do not instruct classes, Dr. Fife does work with Hot Pepper Yoga's registered instructors every quarter to review sequences and introduce new poses and ensure osteopathic methods such as lymphatic pump and indirect breathing techniques are always included.

Preventive medicine can help Americans stay healthy to avoid onset of disease or prevent disease from becoming worse. By combining his osteopathic education with the benefits experienced from hot yoga, Dr. Fife strives to be a warrior of preventive health.

Says Dr. Fife, "Life can get better if we nurture our mind, body, and spirit—yoga can be a huge part of that." [✦](#)



# Take 5 with Dr. Abdenour

By Karen Scott

Although a more recent ATSU graduate, Tom Abdenour, DHSc, MA, ATC, '11, has nearly 40 years of experience in athletic training and has been honored with multiple awards including the NBA's Athletic Trainer of the Year (1980) and the National Athletic Trainers' Association's Most Distinguished Athletic Trainer Award (2014). His 23-year tenure with the Golden State Warriors made him one of only five athletic trainers in the NBA who had been with a given team for an extended period of time.

Since 2011, Dr. Abdenour has called San Diego State home and currently serves as the university's head athletic trainer. Here, Dr. Abdenour answers five questions about his experiences and journey to AT fame.

**Q:** You spent 24 seasons with the Golden State Warriors. What are some of your favorite highlights with the team?

**A:** I had a wonderful NBA career. It was a great opportunity to interact with some wonderful people as players,

coaches, and administrators. Yes, there were a couple of buzzer beating wins (and losses), and I was fortunate to represent the United States as an athletic trainer in the 2000 Olympics. However, it's truly all about the people.

**Q:** How did you land your current position at San Diego State University?

**A:** I knew moving to intercollegiate athletics was something I wanted to do when I left the NBA. The timing was good, and I was just about to wrap up the Doctor of Health Sciences program [at ATSU].

**Q:** Describe the transition from professional basketball to collegiate-level athletics.

**A:** I was at the collegiate level for nine years before going to the NBA, so the transition was easy. Much like life in the NBA, my time

at San Diego State is focused on athletes who want to recover from an injury and return to their activity.

**Q:** What would you tell athletic trainers who are trying to achieve a career as successful as yours?

**A:** There is no secret to success. Work hard, expand your horizons, get your hands dirty, and position yourself to grab the brass ring if you can.

**Q:** What is your favorite sport to play and watch?

**A:** I grew up in a great sports town—Detroit, Mich. We had major league teams in baseball, football, basketball, and hockey. Plus, the University of Michigan and Michigan State University were not far away. It's a good thing there were no cable sports networks back then because I would have not been able to finish any homework. I guess it's most fair to define my favorite as "D: all of the above." [↗](#)

Brian Goodman, DO, MBA, '14, began his journey at SOMA with one goal in mind: to return to his hometown and practice medicine. Now completing his first year of medical residency at Mountain Vista Medical Center in Mesa, Ariz., he is well on his way to reaching his goal.

Prior to medical school, Dr. Goodman was on a highly successful career track working for a major for-profit educational institution in Phoenix. But he always yearned to return to his childhood roots in a small, rural town in northern Arizona.

"The rural community where I am from has limited career options," says Dr. Goodman. "But it has always been important to me and my family to ultimately go back."

He decided to leave his career as a business executive and begin a journey in healthcare.

The field of osteopathic medicine underscored Dr. Goodman's goal and the culture at SOMA fit the mold of his vision for medical school, so he applied.

"There is a major focus on compassion and genuine whole patient care," says Dr. Goodman. "In the whirlwind we call medical school, SOMA was able to maintain a focus on why students truly

want to be doctors—because we love the people in our communities."

Dr. Goodman considers himself fortunate to graduate medical school so close to home. He even completed three of his four years of training at one of the School's community

health center partner campuses, North Country Healthcare, in Flagstaff.

There are many difficult transitions from medical student to resident—a sudden increase in responsibility, a new title, and a lack of sleep—but one thing has remained the same for Dr. Goodman: "I absolutely love being around patients," he says. "During some of my particularly challenging and busy rotations, I have found comfort and joy from circling back with my patients, visiting about their family, upbringing, and life experiences.

"My medical journey has been very challenging, and at the same time, one of the most rewarding things I have done. It is like life has come full circle." [↗](#)

Dr. Goodman just completed his first rotation in general surgery and will begin his second in outpatient family medicine.



## Full circle

By Karen Scott

# The technique of choice

By Katie Thudium

**W**ith one hand on a table outside of a hospital cafeteria, Patrycja Wierzbicki lifted her small frame off the ground and held a jaw-dropping pose only an exceptional athlete could execute. Her body was weightless, parallel to the ground. Perfection from her smiling face to her pointed toes, she made a complex maneuver seem effortless.

"People often think you have to be really strong," she says. "It's actually all in the technique."

Since age 3, Polish-born Wierzbicki's world revolved around gymnastics. Her father was a world champion in tumbling and her mother coached gymnasts who went on to become world champions. A natural athlete, Wierzbicki was leader of the Polish national trampoline and power tumbling team. She competed throughout Europe and became the youngest Polish national champion in tumbling at age 17. One week before competing in the world championships, an accident left her with a wrist injury and unable to compete.

"After my injury, I visited some friends in the United States," says Wierzbicki. "The experience totally changed my life."

Making the tough choice to pursue a U.S. education rather than continue with gymnastics in Poland, she was faced with another major decision: Would she come to the United States immediately and pay for her education on her own, or would she wait a year or two and come to school on a gymnastics scholarship? She decided not to wait.

Starting out at a community college with a student visa, she transferred to Loyola University in Chicago. She tumbled her way into chemistry, although it didn't come as naturally to her as gymnastics. Fortunately, the hard work and tenacity she put into gymnastics every day for years taught her to face different challenges, and eventually, she was accepted to a PhD program in nanochemistry.

As life would have it, though, she became severely allergic to some chemicals during the third year of her program.

To stay on the nanochemistry career path meant the only option of computational chemistry and avoiding chemicals altogether.

"Since I was a kid, I loved to work with my hands and my body," Wierzbicki says. "So I decided to pursue a different career path."

That choice landed her in Kirksville as a member of the first class at MOSDOH. Now in her second year of dental school, she's happiest when working with her hands in the simulation lab.

"When I came to my interview at MOSDOH, I fell in love with the professors and the dean," says Wierzbicki. "I liked the vision of the School and public health dentistry—helping people who wouldn't have a chance to get care if public health wasn't an option."

Hoping to continue MOSDOH's vision in her own practice someday, she knows all too well life's choices never come easy. Always keeping her eyes on the prize, she is confident in the decisions that brought her here and transformed her from a Polish athlete to a U.S. dental student. [✎](#)



*Although she no longer competes professionally, Wierzbicki still tumbles and stands on her hands.*

inspiration

Power people

50 shades

Caps & coats

Inside the outbreak

Founder's Day

## Features

### Fighting fire with physical therapy

*Program heats up for DPT students*

In an effort to prevent musculoskeletal injuries among Mesa firefighters, ATSU's Physical Therapy program is uniquely collaborating with the Mesa Fire and Medical Department. Doctor of physical therapy students (with PT faculty) monitor, assess, and correct movement patterns of various fire ground activities during the spring and fall fire academies. Students, working directly with firefighter recruits, provide functional movement screenings, joint mobility measurements, and strength tests. Recruits also receive consultations regarding aches, pains, and activity limitations that occur with physical training from PT faculty with student assistance.

"Students have the opportunity to develop a better understanding of working with the industrial athlete," says Cory Manton, PT, DPT, assistant professor, ASHS. "They are learning first-hand about the physical demands of being a firefighter and how those demands impact the musculoskeletal system."

The Department of Physical Therapy received the Chief's Community Partnership Award on Oct. 16 for its interaction with Mesa Fire.

DPT students attend spring prescreening for the Mesa Fire Department's new recruits.



# POWER PEOPLE

By Lee Cashatt

**S**trength coach Carl Kochan earned the Commissioner's Trophy alongside the San Francisco Giants in the 2014 and 2012 World Series. Pathologist Shelly Frazier powerlifted her way to six women's world records. Adrienne Berman double-times it as a fitness trainer and firefighter/paramedic. Some of America's greatest athletes trained with Matt Kee, and the excitement of Sunday night fuels David Jantzi's NFL career with the Chicago Bears.

From ballfields and weight rooms, ATSU's power people share unique sports healthcare experiences. Connected by the desire to be better and help others go faster and get stronger, they provide healthcare to competitive athletes and are athletes themselves. And like those they train, they don't like to lose.

Kendall Vogel, OMS II, Osteoblaster  
Weightlifting Club, KCOM



## MAJOR COMPETITION

On Oct. 29, the San Francisco Giants made World Series history. Narrowly beating the Kansas City Royals 3-2 in Game 7, the Giants secured their third championship in the last five seasons. It was a great night to be a Giant. And, according to Carl Kochan, second-best was never an option.

The 2014 Fall Classic wasn't Kochan's first brush with the crown. When the Giants dominated the 2012 World Series after sweeping the Detroit Tigers, Kochan knew he had the coolest job in the world. Kochan, the Giants' head strength and conditioning coach, literally took his last final to complete his human movement degree at ASHS one day before the World Series.

With a smile on his face and excitement in his voice, Kochan, MS, '12, recalls that other than his wedding day, winning the World Series—twice—were the best days of his life.

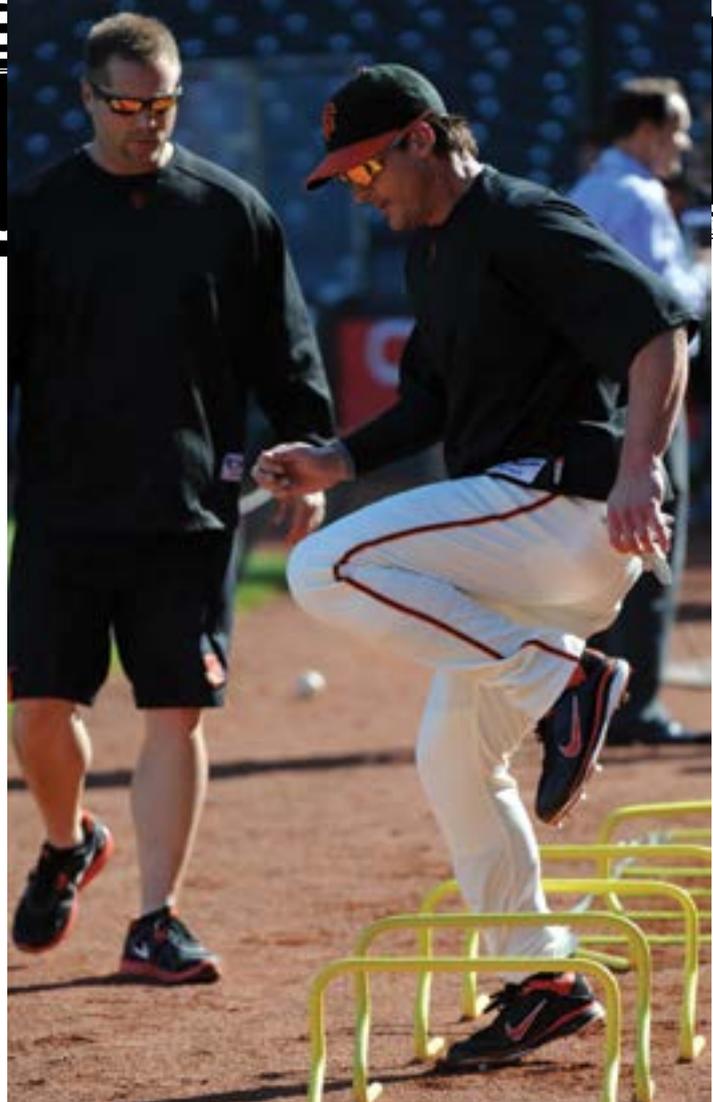
The 2012 win came during his first year in the Major Leagues, but it's not a victory he takes for granted. Alongside the players, a competitive Kochan works seven days a week from Valentine's Day to Nov. 1. There are no holidays. No weekends. No sick days. He's on the field, working all 25 ball players individually and as a team to improve their craft.

He explains that at this level of professional ball he can't treat an outfielder the same as a catcher; he can't treat a starting pitcher the same as a closer. A 32-year-old player has different requirements than a 23-year-old player. Kochan goes through a needs analysis and looks at everyone's prior health history. He always thinks about how he can keep his team healthy. Sometimes, he says, it's not even about strength training. Sometimes, it's about flexibility, seeing a massage therapist, and sometimes, it's about rest.

The all-time constants in Kochan's world are baseball and fitness. Prior to joining the Giants, Kochan served in the same capacity in the minors with the Fresno Grizzlies. He spent a year with the Boston Red Sox organization and two years with the Seattle Mariners. Further back, Kochan was a starry-eyed kid from Chicagoland, playing outfield for the SIU Salukis while earning a BS in exercise science. His personal experience means the world's best athletes can trust Kochan not only to provide the best healthcare, but also to catch a 90-mile-per-hour pitch.

Facing the grind of 162 games always hits mid-season. The sport is mentally, physically, and emotionally challenging. Add to that performing on national TV in front of millions of fans. It becomes Kochan's challenge to keep players functioning at their highest levels. As their strength coach, he says he has to pick and choose when to motivate the guys or step back and let them do their thing.

A grueling schedule has Kochan at the clubhouse for 12-hour days. Some nights it's midnight before he calls it quits. But, he says, that's what it takes to win. The Giants' hard work continues to pay off.



© San Francisco Giants

Kochan keeps an eye on Ryan Theriot, who won the 2012 World Series with the Giants.

And he wouldn't change a thing.

"There are only 30 of my job in the world, and I have one of them," Kochan says. "I don't drive to the office. I don't drive to a gym. I drive to a baseball field every day. And I get paid for it. It's the coolest thing in the world."



© San Francisco Giants

# ALWAYS GIVE 100 PERCENT

Kochan admits it was not easy keeping up with 18-hour days of spring training while working on his degree at ATSU.

# PINK AND POWERFUL

Adrienne Berman is the epitome of modern day fitness. A personal trainer at a popular fitness studio in Arizona, her super-sporty lifestyle is filled with anything and everything outdoorsy—snowboarding, wakeboarding, and riding quads. Oh, and she also is a firefighter and paramedic for the Tempe Fire Department.

By appearances, Berman, MS, '10, is the poster child of health and wellness. But her journey hasn't always been picture perfect.

Just a few years ago, Berman was an undergraduate, fervently studying, and living off junk food. She had gained 40 pounds when she decided she needed to get fit fast. She joined a gym, stuck to a clean diet, and set her sights on the NPC Western Nationals, a bodybuilding competition.

She shredded the weight, but it wasn't easy.

Five years prior, Berman broke her back in five places during a four-wheeling accident. Her doctor said she would never be able to do strenuous activity again. As if that wasn't bad enough, during her recovery her doctor discovered she was facing an even bigger challenge—kidney cancer. Her dreams of trying out for the fire department seemed dashed by setback after terrible setback.

Despite a grim prognosis, a resilient Berman persevered. Robbed of one of her kidneys, she recovered from surgery, rehabbed, and one year later had a spot with the City of Tempe.

With a boost of confidence, and more determined than ever, Berman was dedicated to fitness training and competed in the 2012 NPC show. Although she didn't place as well as she hoped, she reached her goals. Her physical transformation was so inspiring, Berman pursued another dream of becoming a personal trainer so she could help others reach their own fitness goals.

Berman now manages a tough schedule between two careers. At the fire department, she works a 24-hour shift every other day for six days followed by four days off. When she's not at the firehouse, Berman is at the gym. Days at the fitness center are 12 hours long. On weekends, she runs boot camps at the park or high school. In addition to juggling work, clients, and on-the-job stresses, Berman recently married and found out she is expecting her first child.

"I don't want to be 'the' best, I just want to be 'my' best and better than I was yesterday," she says on how life's challenges motivate her.



© James Patrick Photography

As a firefighter, Berman says she loves the excitement, camaraderie, and challenges of never knowing what each day is going to bring.

As for her human movement degree, Berman uses her ascertained skills daily—on clients, co-workers, and herself.

"I use my degree on myself constantly by preventing injuries," she explains. "And if I do happen to injure myself, I know how to rehab myself back to health, as well as when to take it easy or call it quits."

With pink athletic gear and blonde hair blazing, Berman may look every bit the girly girl. But make no mistake, she is capable—mentally and physically—to overcome any obstacle set in front of her.

# BETTER THAN YESTERDAY



Berman was a high school athlete, playing fast-pitch softball and badminton and running track and field.

© Billy Aguire

# BEAR DOWN

Cool fall nights, gridiron lights, two battling football teams, and millions of fans. There's nothing like a Sunday night NFL game to get your adrenaline pumping—especially when you're standing on the sidelines with the Chicago Bears. With a watchful eye on the team, assistant athletic trainer and physical therapist David Jantzi's week has been building up to this moment.

Good thing Jantzi, ATC, PT, DPT, CSCS, '06, isn't a big fan of the regular 8-5 job. In the NFL, you don't leave until the work is done. At the team headquarters at Halas Hall in the suburbs of Chicago, Jantzi strolls into the gym at a coffee-demanding 4:30 a.m. He is dedicated to getting his own workout in before the Bears show up.

Following his workout, his typical day begins with treating injured players. At 10 a.m., players head to practice. After lunch, Jantzi treats more players, goes to meetings, and finishes paperwork. His evaluation of players helps the head ATC determine if physicals, MRIs, or X-rays are needed for the injured. On Thursday nights, the players get massages.

Five hours before game day kick-off, he helps set up the field. With three hours to go, players come in for treatments, taping, and warmups.

The rush starts when the game begins.

"I am driven by the sport and the setting," says Jantzi. "I have something to be prepared for every week."

Monday after a game, he says, is the most hectic day of the week. The big questions: Are these guys going to be out? Are they ready to go? Is this long term?

Jantzi assesses the damage and reports to the head ATC who gives the coaches the best prognosis about where players are going to be before the next game. Between MRIs, treatments, and getting seen by specialists, Jantzi grabs as much information as possible to help the head ATC decide if a player needs moved.

"I love the rehab portion," he says. "I like being able to take a hurt player to getting back on the field. In the clinical setting you don't get that. You get them to a certain point, but then they have to take their program and run with it. Here, we're directly involved with getting them back on the field."

Thankfully, though, rehab isn't the norm. Jantzi happily reports that the majority of his work revolves around prevention and education.

Although he's only been with the Bears since spring, Jantzi says he already loves his job. More than anything, he's found his competitive nature pushes him to always be better.

"I don't want to get stuck in my ways," he says. "I want to keep learning and develop my skills so I can offer the best treatment and prevention for these guys."



Jantzi makes a sideline decision during an August game against Philadelphia.

© Bill Smith/Chicago Bears Football Club



Jantzi wraps an ankle during a game against San Francisco in September.

© Bill Smith/Chicago Bears Football Club

## DR. KEE'S WAY

Bring-your-kid-to-work days are common for Matt Kee. With nine years in as the physical therapist and athletic trainer at Texas A&M football, Kee, PT, DPT, LAT, ATC, '05, says spending time with his 4-year-old daughter in the athletic training room helps him keep the all-important work/life balance that makes his hectic seven-day-a-week schedule manageable.

Not to be misled by his affinity for fun, Dr. Kee is dual-credentialed with athletic training and physical therapy degrees. Trying to be the best, staying current, learning new things, and never reaching complacency are his goals.

Dr. Kee assists an injured Aggie off the field.



His work ethic is evidenced through long days at some of the country's best training facilities. From August to January, Dr. Kee's busiest day is typically a Tuesday and begins at 7 a.m. First are morning treatments, followed by rehabs, then the pre-practice routine: taping, bracing, treatments. Then it's more rehabs and practice from 4-6 p.m. Post-practice treatments take nearly another hour. But the days get shorter as the week goes on and the Aggies gear up for a Saturday game.

"I love being around athletes," Dr. Kee says. "It's rewarding to help athletes recover from injury and watch them return to a high level of competition. And, if they are fortunate enough to play at the professional level after coming back from injury, it really makes me feel good to watch them succeed."

# DON'T BE AFRAID TO FAIL

Dr. Kee has worked with many great athletes—those who have excelled at the college, professional, and Olympic levels. He recently spent three years working with 2012 Heisman Trophy winner Johnny Manziel (the first freshman ever to win the award), who is now an NFL quarterback.

"Working with Johnny was something else," says Dr. Kee. "He is a fantastic athlete and is one of the most competitive athletes I have ever worked with."

Having himself been a competitive athlete in high school (ice hockey and soccer), Dr. Kee easily empathizes when players are hurt. It's also easier to share in the joy of winning, which, he says, also helps ease the time commitment it takes being on staff with the Aggies: "When your team wins, it's worth it."

From the bleachers of Kyle Field, fans go wild for the maroon and white. With all the game day excitement in Aggieland, it's easy to forget how much time and effort the players and athletic department devote to the sport. Training, rehab, class, practice. Repeat.

When he is searching for motivation and inspiration, the fun-loving Dr. Kee holds tight to these words of wisdom: Don't be afraid to fail. He was taught by his parents, whom he says he owes most of his success, that you can do what you want as long as you work hard and don't give up; failure is one of life's best lessons.

Fun and hard work—it's the Dr. Kee way.

© Texas A&M athletics

STILL *magazine*

# POWERLIFTING PATHOLOGIST

It's 8:15 a.m. and Shelly Frazier gets an emergency call to rapidly diagnose an OR biopsy. She calmly excuses herself from conversation and promises her pathology residents she'll be back in 10.

As director of surgical pathology and associate residency program director of pathology at University of Missouri (MU) in Columbia, Frazier, DO, '98, is used to doing the heavy lifting—and not just in the lab. Dr. Frazier, who bench presses more than her body weight, has humbly amassed six official women's powerlifting world records.

Dr. Frazier splits her days between the gym and her job. For the past 10 years, she has gazed through a microscope, searching for signs of disease hidden within tissue blocks smeared categorically on a glass slide. MU operates a large cancer center, so it's up to Dr. Frazier to make significant clinical decisions every day. Oftentimes, she provides a patient's final diagnosis. It's that kind of mental pressure and cerebral exercise that motivates Dr. Frazier for 5 a.m. cardio workouts and after-work weight lifting. Sports are her outlet and always have been.

Running and lifting weights increased her sports performance, and perform in sports she has—volleyball, basketball, softball, soccer. But, weightlifting itself is Dr. Frazier's strength. Since 2012, she has earned six women's powerlifting world records in the World Drug-Free Powerlifting Federation. She also holds 20-plus American records, all weight and age class restricted.

Dr. Frazier says her athlete's brain pushes her to finish well, whatever the cost. She has, however, battled joint problems stemming from early onset arthritis and a 2009 injury. In spite of the agony, she has completed an ultrama-

rathon, numerous triathlons, qualified for three Boston Marathons, and ran two—including the 2013 race, finishing just 10 minutes before the terrorist bombings.

Her incessant joint pain led to a partial knee replacement in June, but Dr. Frazier is confident her athleticism and committed lifting provided several additional years of activity.

While she's excited to have transformed into a "bionic woman" of sorts, she says she is more "jazzed" about a unique fitness group with which she works called Older Women On Weights (OWOW), a cohort of age 40-plus women who compete in powerlifting.

Forget diamonds—squats, bench presses, and deadlifts are apparently a girl's best friend. According to Dr. Frazier, OWOW's unofficial physician, the women are not only adding substantial physical activity to otherwise sedentary lifestyles, but also have successfully increased their bone density at a time when it's especially important.

Dr. Frazier's medical knowledge matchlessly intersects with her love of strength training. It's something Dr. Frazier has known all along—women look and feel better when they're stronger. And, an active lifestyle means a better quality of life, particularly in the later years.

"Cardiovascular fitness and strength are so important to keep you moving the rest of your life," Dr. Frazier says from the humming laboratory while daydreaming about the weight bench. "Weightlifting allows you to have a good quality of life." [↗](#)



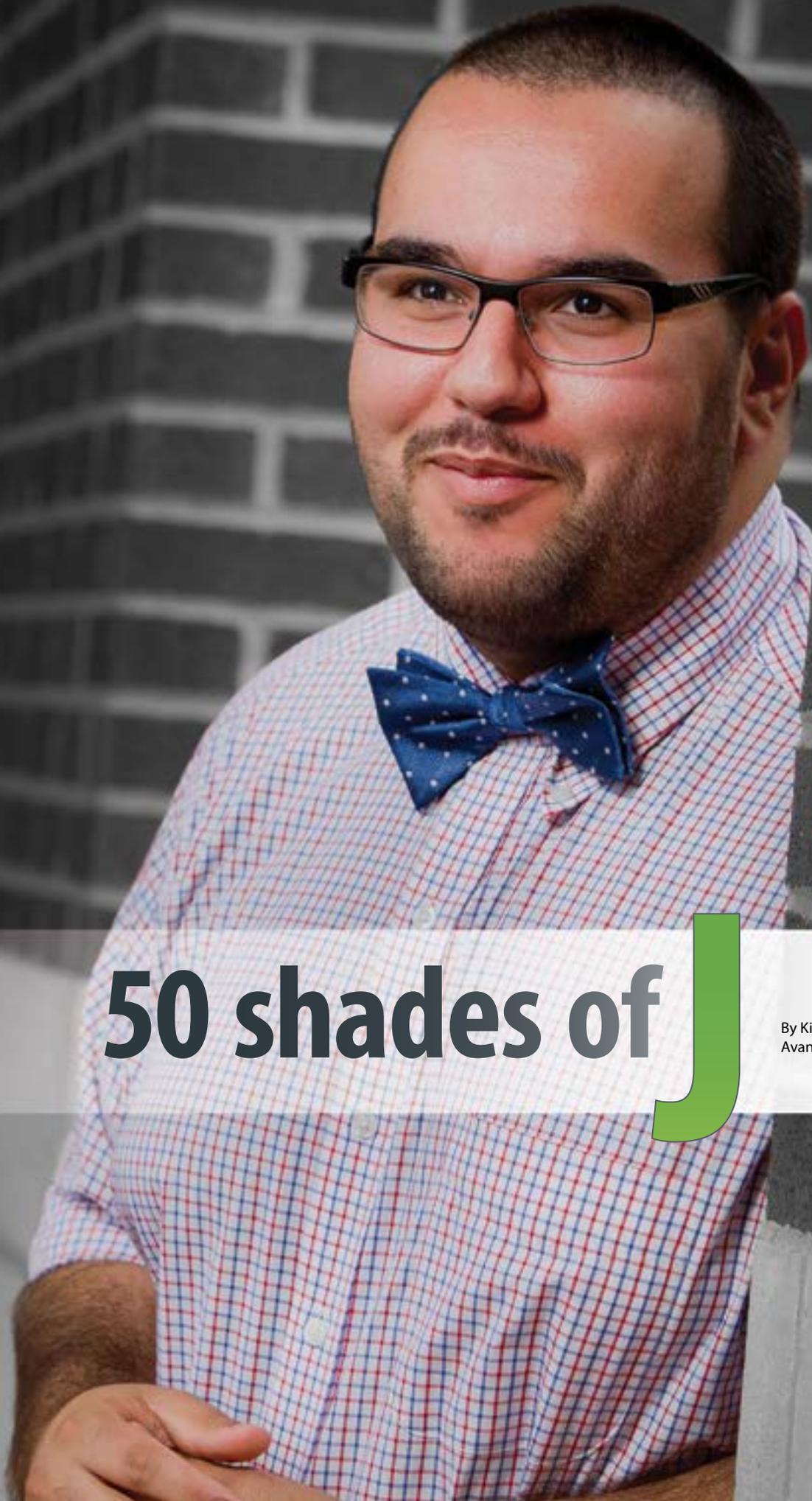
CAN'T STOP,  
WON'T STOP

Dr. Frazier bench pressed a world record 70.5 kg (155 pounds) for her age, gender, and weight class (up to 122 pounds) at the World Drug-Free Powerlifting Federation in Boston in October 2012. Not just a competitor, Dr. Frazier also is an international judge for the WDFPF.

# 50 shades of J



By Kit  
Avanzado



“**T**here was a time in my life when I was told by every professor and adviser that I shouldn’t go into medicine—that I would never make it,” says Jasser Khairallah. Khairallah spent the majority of his life in Chicago’s South Side where he was often exposed to hardships extending beyond the classroom. It also was where he learned the importance of family, culture, and perseverance.

Khairallah did not have a lot growing up, but one thing he could always count on was family. He lived primarily with his mom, but also had four aunts and 17 first cousins all living within a one block radius. His family is his biggest influence in life—most notably, his father and uncle.

Both his father and uncle died prematurely due to what Khairallah describes as a lack of a primary care physician. His father died after being comatose for three months following a stroke. His uncle died after a life-long battle with heart ailments consisting of six open heart surgeries throughout the course of his life. With both his father and uncle growing up in Brazil, primary care was rarely, if ever, provided.

“If they had someone who could have seen these signs earlier, that’s who could have kept my father with me,” Khairallah says.

His family’s struggles are the driving force behind his desire to be a primary care physician.

“It’s the sole reason I got into medicine,” he says.

Khairallah thought his desire to serve those in need fit perfectly with ATSU’s mission of serving the underserved. He is now a second-year student at KCOM.

Khairallah says his life at ATSU is challenging, especially the workload. Looking to classmates for guidance, Khairallah has established a network of friends he knows will support him regardless of the challenges encountered. Khairallah grew up in an incredibly diverse community—his high school had 60-70 different countries represented by their student body. He says diversity was one of the main reasons he chose ATSU (*see sidebar*).

“They do an amazing job of finding kids from different walks of life and bringing them into one school to serve a common goal, but at the same time, not forget where they came from,” he says of ATSU’s culture of inclusion.

Khairallah was heavily influenced by his mother’s family and their Palestinian heritage. There was often a stark contrast between the conservative nature of his family and the liberal environment he was exposed to in school. He says elements from both cultures have made him who he is, understanding that in order to grow, he must adapt to the different shades of life.

“I surround myself with people who have a different way of viewing the world and what they want to contribute to it,” he says. [↗](#)

Even with a large extended family, Khairallah was the first in his family to attend medical school. He has persevered as a great student, ambassador, and leader for ATSU. He is president of the American College of Osteopathic Pediatricians and service fraternity Alpha Phi Omega. He also serves as co-director of LEARN, a community mentoring group, and is a National Health Service Corps Scholar.



## ATSU’s 6 pillars of diversity

1

Committed leadership

2

Continuous assessment

3

Integrated infrastructure

4

Targeted diversity

5

Diversity education

6

Resources

# CAPS & COATS

By Lee Cashatt

ATSU's six schools celebrated summer commencements and white coat ceremonies with pomp and circumstance. Here's a look at the University's incoming students and accomplished graduates entering the profession.

**“Putting on the white coat for the first time felt surreal. It was the moment I knew everything to get me to that point was worth it, and I couldn't have dreamed of attending a more amazing school than MOSDOH.”**

– Matthew Scott, D1

## MOSDOH

America's newest dental school

Excitement continues for MOSDOH, one of only two dental schools in Missouri. With events like white coat weekend and the St. Louis clinic groundbreaking, anticipation mounts for what's next.



COATS

### White Coat Ceremony

Forty-two students received coats at MOSDOH's second-ever White Coat Ceremony on July 12. The class of 2018 is comprised of 25 women and 17 men and represents 16 states. More than 200 guests attended.

*Baldwin Hall, Truman State University*



Joshua Moody, DO, '14

Tyler Nickle, DO, '14

# KCOM

Home of osteopathic medicine

In May, the College graduated its 178th class in 122 years. Less than two months later, new students earned white coats.



Taylor Allen, OMS I



Stephanie Brooks, DO, '14

## ← CAPS

### Commencement

Held May 17, KCOM's class of 2014 included 154 DO and eight biomedical sciences grads.

*Baldwin Hall,  
Truman State University*



Nadia Syed, OMS I



Kassandra Cooper, DO, '14

Lt. Col. USAF SFS Michael D. Jacobson, DO, MPH, '85

# &

## COATS →

### White Coat Ceremony

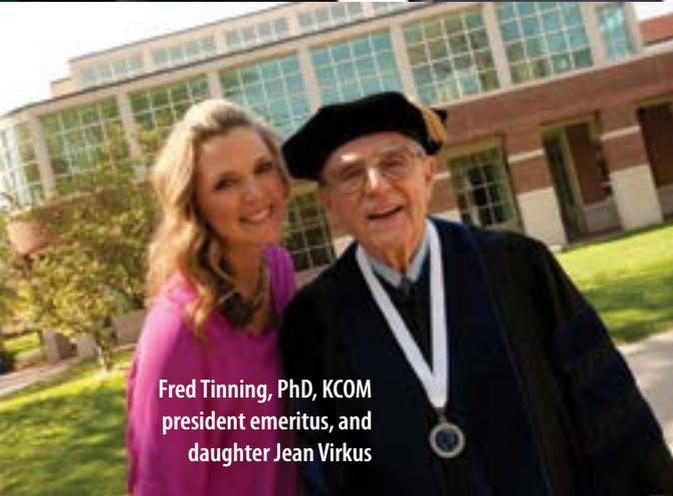
One hundred seventy-two students in the class of 2018 earned white coats on July 12. The first-years include 78 women and 94 men and represent 31 states and one foreign country. Approximately 750 guests attended the event.

*Baldwin Hall,  
Truman State University*



Theodros Zemanuel, OMS I

Dan Martin, MA,  
TCC director



Fred Tinning, PhD, KCOM president emeritus, and daughter Jean Virkus



Brooke Streett, OMS I



Onika Patel, DMD, '14

Fadi Naioom, DMD, '14

Klud Razoky, BDS, associate dean, preclinical education & simulation clinic operations

Dr. Faiz Naioom

Meena Patel

Maryam Naioom

Samantha Shapiro, D2

# ASDOH

The happy dental school

None shine brighter than the happy smiles of ASDOH's newest graduating class and first-year students.

↑ CAPS

### Commencement

On June 6, seventy-two ASDOH students crossed the stage, receiving their DMDs. Twenty-three grads also received an MPH from SHM. The class included four military graduates.

*JW Marriott Phoenix Desert Ridge Resort*

### White Coat Ceremony

Seventy-six new dental students comprising the class of 2018 earned coats at ASDOH's White Coat Ceremony, held July 14.

*Ikeda Theater, Mesa Arts Center*

↓ COATS



Mohammed Alyaqubi, D1

Ashraf Hasasneh, D1

Jung Wung Seo, D1

**“Courage is important in your leadership. For that turtle to go forward, he’s got to stick his neck out.”**

– Jack Dillenberg, DDS, MPH, dean

feature story



Sharon Chi, DO, '14, and  
Cecilia Dinh, DO, '14



Daniel Brewer, DO, '14;  
Shaun Garff, DO, '14;  
Stavey Klyn, DO, '14; and  
Tala Kassm, DO, '14



Jared Aida, DO, '14, and Vivek Babarjak, DO, '14



Brian Goodman, DO, '14

# SOMA

Osteopathic  
medicine's  
new model

Four years after graduating its  
first class of DOs, SOMA is still  
wowing med-ed with  
its unique contextual  
learning model.

## ← CAPS

### Commencement

Held June 6, SOMA's fourth  
graduating class included  
100 DOs, 13 of which were  
military graduates.

*JW Marriott Phoenix Desert  
Ridge Resort*



## COATS →

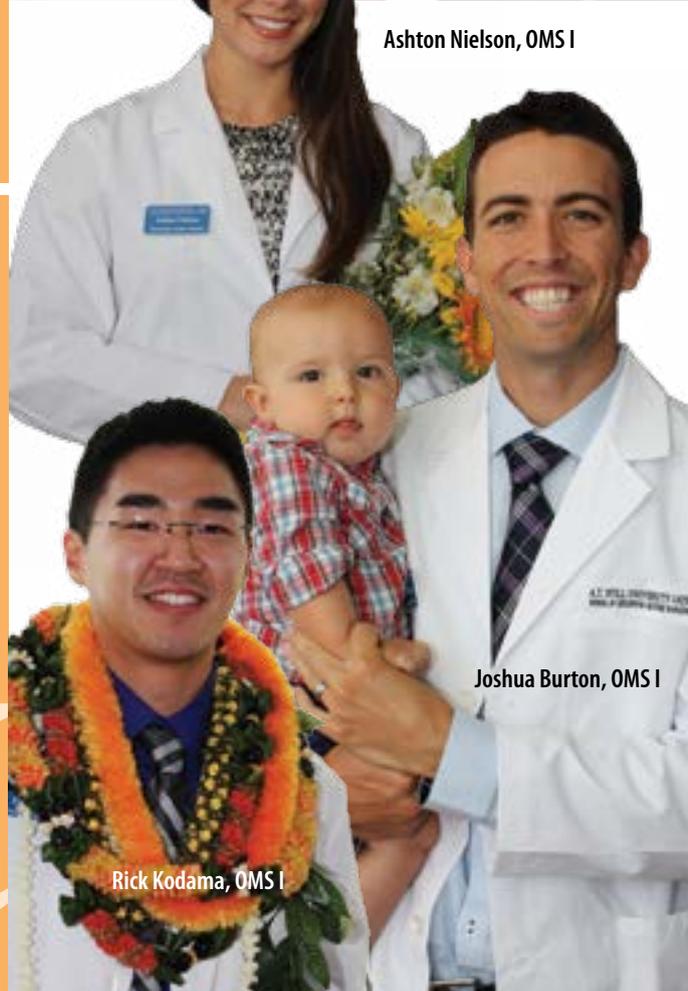
### White Coat Ceremony

July 14 also marked the  
ceremony date for 109 first-year  
DO students at SOMA.

*Ikeda Theater, Mesa Arts Center*



Tiffany Sin, OMS I



Ashton Nielson, OMS I

Joshua Burton, OMS I

Rick Kodama, OMS I



Chelsey Horath, OMS I

# ASHS

Quality in health sciences education

As ATSU's largest school (by enrollment), ASHS sets the bar high in graduating hundreds of competent and compassionate healthcare professionals each year.

Jessica Hays, PA, '16;  
Vanessa Iglesias,  
PA, '16; and Briana  
Johnson, PA, '16



Deborah Perry, DPT, '14



CAPS

### Commencement

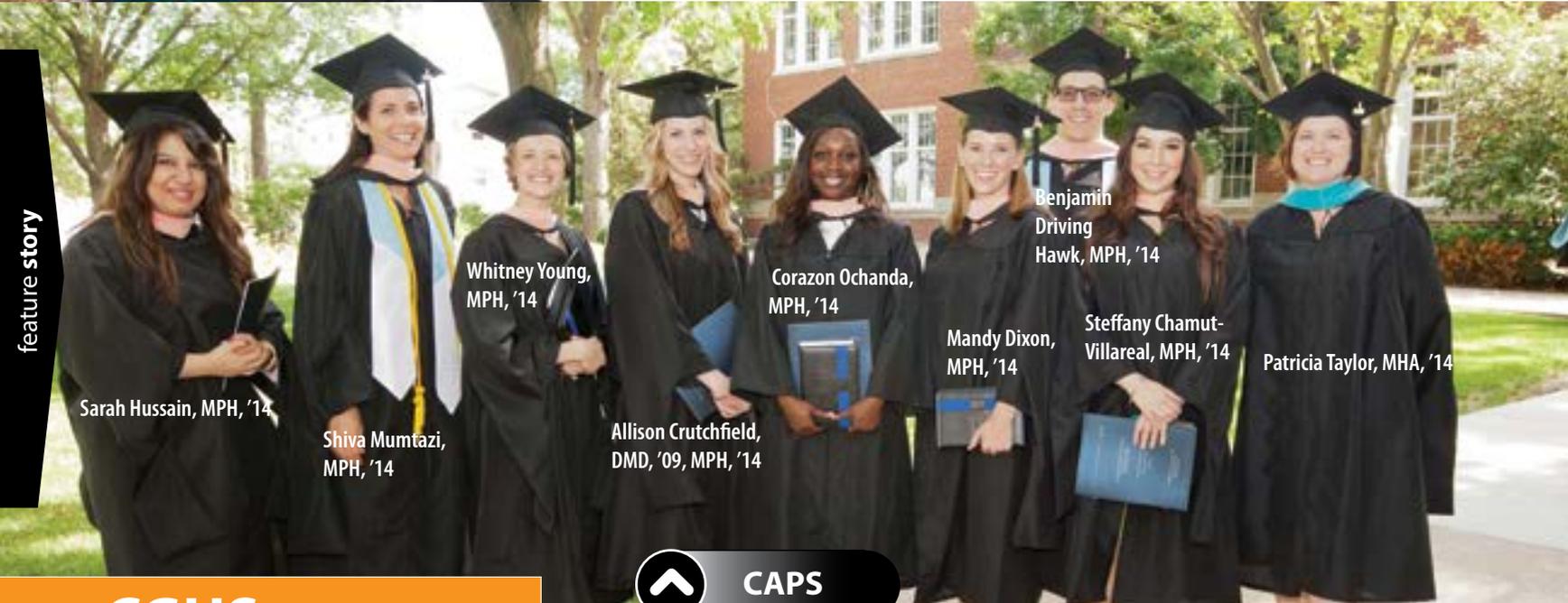
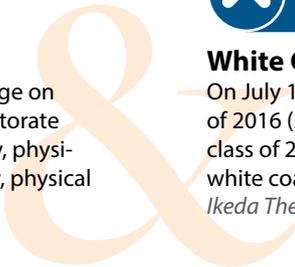
Nearly 400 grads walked the stage on Aug. 8 to receive masters or doctorate degrees in occupational therapy, physician assistant studies, audiology, physical therapy, and athletic training.  
*Phoenix Convention Center*



COATS

### White Coat Ceremony

On July 14, ASHS's physician assistant class of 2016 (52 students) and physical therapy class of 2015 (61 students) were presented white coats in four separate ceremonies.  
*Ikeda Theater, Mesa Arts Center*



feature story

Sarah Hussain, MPH, '14

Shiva Mumtazi,  
MPH, '14

Whitney Young,  
MPH, '14

Allison Crutchfield,  
DMD, '09, MPH, '14

Corazon Ochanda,  
MPH, '14

Mandy Dixon,  
MPH, '14

Benjamin  
Driving  
Hawk, MPH, '14

Steffany Chamut-  
Villareal, MPH, '14

Patricia Taylor, MHA, '14



CAPS

# CGHS

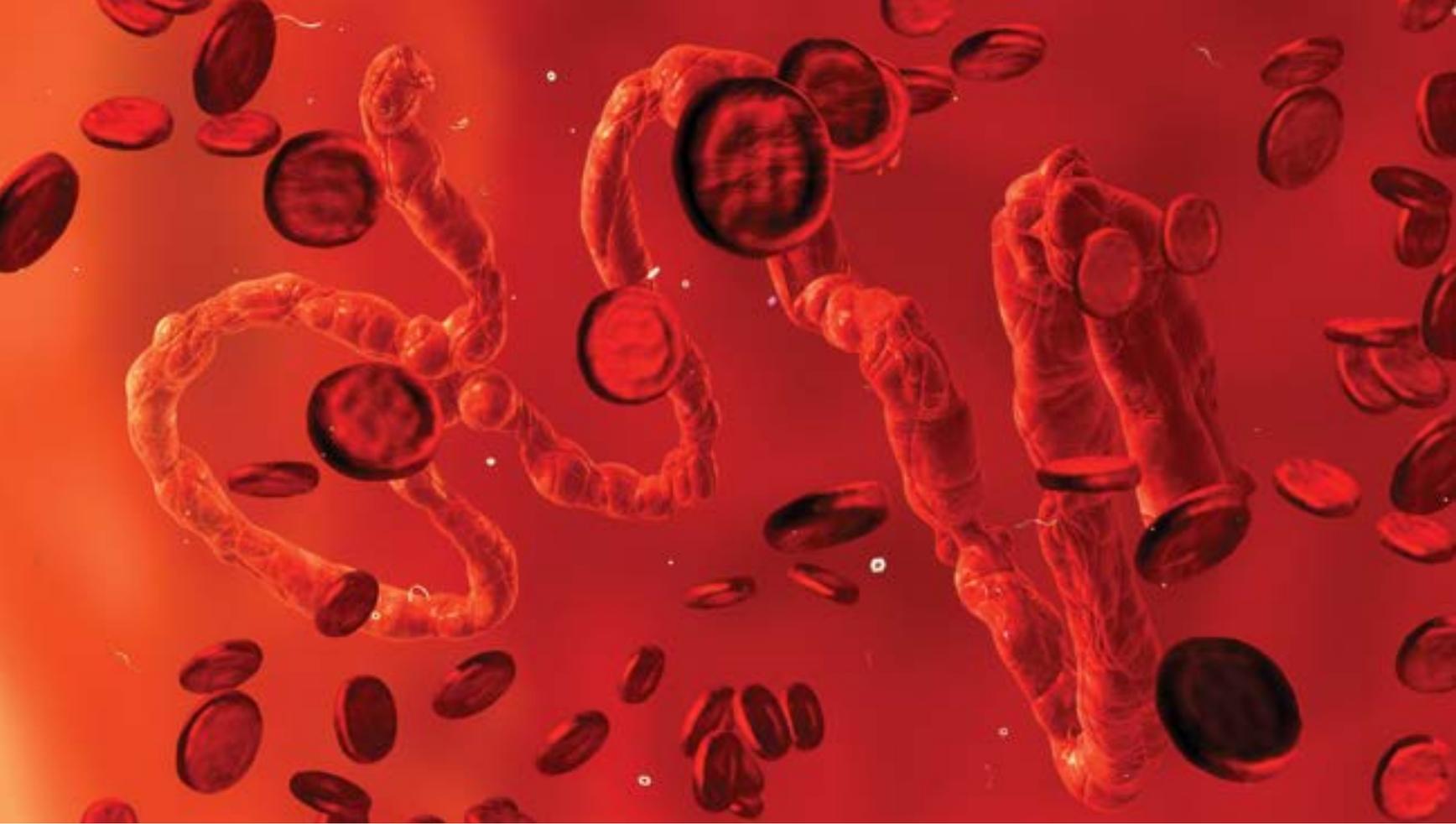
Welcoming a new name

After a renaming on July 1, the school formerly known as the School of Health Management is now embracing its new identity as the College of Graduate Health Studies.

### Commencement

SHM's final cohort crossed the commencement stage on June 21. More than 70 students earned degrees in health administration, public health, and health education at the School's 12th ceremony since its establishment in 1999. All future graduates will receive degrees from the renamed CGHS.

*Truman State University*



# Ebola: Inside the outbreak

By Kit Avanzado

**O**ur world is in the midst of the worst Ebola outbreak in history and tensions are running high. Ebola is a severe, oftentimes fatal, virus that leads to high fever, vomiting, and both internal and external bleeding. The virus had never crossed into the United States until this summer. As of this publication, two Americans were brought back to the country in August for treatment after being infected while helping others in West Africa. Several other Americans contracted the virus while travelling outside the country in September and October.

Fortunately, the U.S. government has done well in prepping and securing our country from the threat of the virus thus far. Much of that can be attributed to Ebola experts like College of Graduate Health Studies Professor and Chair Kathleen DiCaprio, PhD.

Dr. DiCaprio has conducted years of research specifically on Ebola and other high containment viruses while working for the United States Army and Department of Defense. Her fascination with infectious diseases and her personal ties to the military inspired her field of research and led to the creation of one of five different treatments the U.S. government is currently considering as an experimental therapy for those infected with the virus.

“Our mission was to create and develop vaccines and therapies for anyone in need from a global health perspective,” says Dr. DiCaprio.

Ebola spreads through direct contact with blood, secretions, or other bodily fluids of an infected host.

Years ago, a woman in Germany working in a lab pricked herself with a needle while handling the Ebola virus. The treatment Dr. DiCaprio and her team developed was sent to her within 40 hours of the initial exposure. The woman suffered from a fever initially, but was cleared of all symptoms after the treatment.

The two Americans infected by the virus in August were treated by another experimental therapy. They were both released from the hospital after both hospital and government officials concluded they were no longer a public health threat.

However fortunate this case was, it remains the minority for those infected with the virus. It is not always possible to identify those with Ebola early because the initial symptoms may be non-specific. If one were to contract the virus and go untreated for 72 hours or longer, the mortality rate escalates to 100 percent, making it imperative to undertake the proper steps to contain the virus and ensure it does not spread.

**“This outbreak will take a very long time to control.”**

– Dr. DiCaprio



© Ricky Carotti/Washington Post

Dr. DiCaprio (second from left) at the United States Army Medical Research Institute of Infectious Diseases in the biocontainment (BSL-4) unit

For those in high-risk areas, it is important to apply standard precautions consistently. That includes basic hand and respiratory hygiene.

“In the United States, I think they’re handling the outbreak appropriately,” says Dr. DiCaprio. “You do what you can to follow protocol until something happens that results in a reactionary measure. Right now, they are following all of the procedures in place.”

This crisis marks the first time West Africa has had an Ebola outbreak. Most past outbreaks were in Central Africa—areas where it is typically very difficult to get in and out. Dr. DiCaprio says the outbreak in West Africa raises new concerns, as it is easier to access than Central Africa. That means the risk of exposure increases.

This also marks the first time the virus has spread to multiple countries. The outbreak was concerning enough for the World Health Organization to declare a public health emergency. The last time the WHO declared a public health emergency on a global front was in March 2003 during the outbreak of Severe Acute Respiratory Syndrome.

This is no longer a crisis that is isolated to that of West Africa, or even Africa as a whole. This is now a global health crisis. It is important for the global community to work in partnership with other nations to help aid the fight against Ebola.

Says Dr. DiCaprio, “We need to focus on public health measures—that becomes the most important effort that we can make.”



feature story

# Virus specifics

The WHO encourages understanding the nature of the disease and how it is transmitted to prevent it from spreading farther. For those in healthcare, it is important to maintain proper standards when caring for those infected with the virus. Gloves and appropriate personal protective equipment should be worn when taking care of patients. Due to the risk involved, it is important to maintain health standards among all patients in high-risk areas—even those not exhibiting severe symptoms.

“Right now it’s important that healthcare workers get the supplies they need. Without those supplies, public health measures have no use,” reminds Dr. DiCaprio.

In September, humanitarian groups sent nearly \$6 million in medical supplies to West Africa to help aid in the fight against Ebola. Supplies included gloves, masks, and gowns.

To further combat Ebola, President Obama dispatched 3,000 troops to the West African region in September. His \$763 million, military-led plan includes a new regional U.S. base in Liberia, portable hospitals, laboratories, and increased training for first responders and other medical officials. This marks the largest response to an international epidemic in U.S. history.

While there is no official cure for the Ebola virus, experts continue to work toward finding one. Progress has been made, and despite the current situation, experts and their research provide hope for a future free of the deadly virus.

“Time will tell. This outbreak will take a very long time to control,” says Dr. DiCaprio. “But everyone is working together to stop it.”

## Who is the host?

It is not known for certain who the initial host of the virus was. Most experts believe the virus originated in fruit bats.

In Africa, bats are eaten along with other wild animals that may be infected with Ebola. In addition to the diet of those in West Africa, the environment contributes to the spread of the pathogen as well. Crowded markets and overpopulated areas make it easier for the virus to spread from one host to another.

## How do experts handle the virus?

Ebola is a virus requiring the highest level of containment.

It’s considered one of the world’s most lethal pathogens.

Dr. DiCaprio’s research was conducted under maximum biocontainment (BSL-4) at the United States Army Medical Research Institute of Infectious Diseases.



President Obama’s Ebola response includes portable hospitals like this one.



# pinboard

#ATSUpride



### Still-A-Bration

Friday night's food and fun celebration featured a bonfire, bounce house for the kids, and Jeopardy-like history trivia competition, Osteoblast from the Past.



G. Scott Drew, DO, FAOCD, '87, chair, ATSU Board of Trustees

Dr. BlueSpruce

Dr. Phelps

Gary Cloud, PhD, vice president, university partnerships

### George BlueSpruce, DDS, Hero Healer Luncheon Series

Always opening his talks in his native language, Dr. BlueSpruce tells charming anecdotes of the two questions he gets asked the most: How and why did you become a dentist? ATSU President Craig M. Phelps, DO, '84, officially announces the inspirational and educational luncheon series is now named in Dr. BlueSpruce's honor.



Dr. Rice

### Tinning Founder's Day Osteopathy Lecture

E. Lee Rice, DO, FAAFP, FAOASM, '73, presents "Osteopathic Medicine: Wellness on Steroids," with encouraging stories on how the mind, body, spirit unison has positively affected his family.

"It's not enough just to be free of disease. What we want to do is have joy and happiness and balance and fulfillment in our lives. That's what we want to do for our patients ... for each other." - Dr. Rice



1892



The KCOM class of 1989 receives silver pins in honor of 25 years of dedicated service.

The KCOM class of 1964 receives gold medallions in honor of 50 years of dedicated service.



Gold medallions

**Arizona's Fall Fest**

The day-long, family-friendly event on the Arizona campus included zero gravity and interactive games, giant slides and obstacle courses, and face painting.



Joshua Trammell, D4

Casey Trammell, PA, '16

Bucky

Lynzi Warner, PA, '16

Alyssa Sleight, AT, '16

"Founder's Day reminds me of A.T. Still and his legacy of finding a better way to practice medicine. I'm very proud to be part of that legacy."  
 - Joe Shortall, OMS I (SOMA)



**Powderpuff football**

The annual tradition of women's powderpuff flag football pits first-years against second-years for championship bragging rights. On the sidelines, guys dressed as girl cheerleaders rooted for their teams. The second-years won 13-7.



Dr. Krogh, one of two Flight 5966 survivors, recounts the dreadful moments that forever changed his life.

# Compassion takes flight

By Lee Cashatt

**J**ohn Krogh choked back tears as he addressed the Founder's Day crowd on Oct. 17. Just two days to the 10th anniversary of the crash of Corporate Airlines Flight 5966, his voice wavered as he shared painful memories of the twin turboprop jet's frightful descent into a tree row just near the Kirksville Regional Airport.

It was Oct. 19, 2004.

Krogh, PhD, administrative dean of KCOM's Utah region, was one of only two survivors. He and Wendy Bonham, site coordinator for KCOM's Utah region, narrowly escaped the burning fuselage moments after the crash. Eleven passengers and two crew members died.

"I am convinced that we will, at some point in time, meet with those people again. I am convinced of that as sure as I am convinced that the sun is shining beyond those clouds," Dr. Krogh said, fondly remembering his colleagues.

Many on board the flight were en route to Kirksville for KCOM's conference on humanism and compassion in medicine. Although the conference never took place, the tragedy emphasizes the importance of compassionate, patient-centered care—the very care Dr. Krogh said he received from the ATSU community while recovering.

And though his physical scars have mended, there is still much healing to do. Dr. Krogh said he had been waiting 10 years to share his feelings, his hurt, and his hope. He said he is grateful to be alive and be a part of the University's legacy at this year's Day of Compassion.

As the ceremony closed, the American flag rose and waved gracefully in the wind, its vibrant colors dancing across a grey sky. It now stands as a strong symbol honoring lives lost, lives lived, and ATSU's continued commitment to humanism in healthcare. <#>



Fellow survivor Bonham (center) supports Dr. Krogh from the audience.



A black and green ribbon honors the memory of the lives lost on Flight 5966. A special remembrance is highlighted in "In memoriam" on p. 56. Watch the Day of Compassion Ceremony at [tinyurl.com/dayofcompassion14](http://tinyurl.com/dayofcompassion14).

feature story

# Connections

## **“Through the Looking Glass”**

*Healthcare’s wearable intelligence*

Medical, dental, and physician assistant students on the Arizona campus are now using Google Glass in an integrative project called “Through the Looking Glass.” The project, funded by a scholarship through Women for ATSU, will allow SOMA, ASDOH, and ASHS to tap into new resources for promoting active learning and teaching.

SOMA will use Google Glass to give students immediate feedback when interacting with standardized patients and simulators. The assessment will provide a snapshot of the student/patient interaction.

The PA program will participate through field simulations involving EMT recordings and descriptions recorded through Google Glass to the physicians at the receiving hospital, improving acute patient care and seamless transfer of care to the ER physician.

ASDOH will provide community healthcare and screenings using Google Glass to pattern match the oral cavity presentation to common diseases such as diabetes, hypertension, and thyroid disease. This will aid in early diagnosis and possible prevention of common treatable diseases.

**Other programs funded by Women for ATSU for 2014-15 scholarships include the “Concussion Program Mobile Outreach” (ASHS), “Education in a Box” (ASDOH), “Emergency Trauma” (ASHS), and “Heart Failure” (ASHS).**



# Reunion round-up

## PA Alumni Reception

March 7

PA alumni and students gather during the Arizona State Association of Physician Assistants Spring Conference in Sedona, Ariz.



## OT Alumni Reception

April 4

Beth Hathaway, MS, OTR/L, '09; Diane Klein; and Kimberly Edwards, MS, OTR/L, '99. ATSU alumni gather at a reception following the American Occupational Therapy Association Annual Conference in Baltimore, Md.



## ACOFP Annual Convention

March 14

KCOM and SOMA students and alumni connect at a reception in Philadelphia, Pa., during the American College of Osteopathic Family Physicians Annual Convention.



## KCOM/SOMA Alumni Reception

April 10

Bill Stonecipher, DO, '59; Donnie Lao, OMS II; and Arka Chaudhury, OMS II. DO alumni and students from KCOM and SOMA attend a reception held during the Arizona Osteopathic Medical Association Annual Convention in Scottsdale, Ariz.



## AAO Annual Convocation

March 21

KCOM and SOMA students, alumni, and faculty connect at a reception in Colorado Springs, Colo., during the American Academy of Osteopathy Annual Convocation.



## Orthodontic Alumni Reception

April 26

Postgraduate orthodontics alumni and residents join Jae Hyun Park, DMD, MSD, MS, PhD, director, during the American Association of Orthodontists Annual Session in New Orleans.

## AuD Alumni Reception

March 26

AuD alumni and students gather at the American Academy of Audiology AudiologyNow Convention in Orlando, Fla. Maj. David Pedersen, AuD, '07, ASHS alumni board member, presents Juliette Sterkens, AuD, '06, with an award from the ASHS Alumni Chapter.



## PA Alumni Reception

May 24

Jill Bal, PA, '15; Ally Price, MS, PA-C, '13; and Joseph Tremmel, MS, PA-C, '14. PA alumni and students attend the American Academy of Physician Assistants Annual Conference in Boston, Mass.



## Tucson Alumni and Friends Reception

June 12

Kyla Hollen, DMD, '10; Christopher Chin, DMD, '10; Jeff Keippel, DMD, '10; and Greg Sikora, DMD, '08. Alumni and friends from various disciplines in the Tucson, Ariz., area attend a reception to reconnect with CGHS, ASHS, ASDOH, and SOMA deans.



## OT Alumni Reception

Sept. 19



Brandi Buchanan, OTD, OTR/L, assistant professor; Molly Corral, MS, OTR/L, '13; and Mary Voytek, OTD, OTR/L, assistant professor. Alumni in Arizona reconnect at a reception following the ArizOTA State Conference in Phoenix.

## AT Alumni Reception

June 26

April Jessee, MS, ATC, '08; Nicole Harshbarger, MS, ATC, '14; Bridget Spooner, MS, ATC, '13; Travis Williams, MS, ATC, '13; and Chantal King, MS, ATC, '13. AT alumni and students gather during the National Athletic Trainers' Association Annual Meeting in Indianapolis, Ind., to visit and recognize Greg Janik, MS, ATC, '00, and Kevin Messey, MS, ATC, '01, for their service on the ASHS Alumni Board.



## PT Alumni Reception

Sept. 20



Karen Kilman, DPT, PT, '06; Jim Farris, PhD, PT, physical therapy chair; Robyn Wilhelm, DPT, PT, '09; and Randy Danielsen, PhD, PA-C, dean, ASHS. Following a CE presentation made by Colin Rigney, DPT, PT, '10, alumni enjoy a reception in Tempe, Ariz., and recognize Dr. Kilman with an ASHS alumni award.

## ATSU Reception

Aug. 24

Alumni, students, and community health center partners join Gary Cloud, PhD, vice president of strategic partnerships, and ASDOH, ASHS, SOMA, and MOSDOH deans for a reception during the National Association of Community Health Centers Community Health Institute & Expo in San Diego, Calif.

## ASDOH Alumni Reception

Oct. 11



Tiffany Holliday, DMD, '08; Petrus Yeung, DMD, '08; Isaac Navarro, DMD, '08, ATSU trustee and ASDOH alumni board chair; and Timothy Oh, DMD, '08, ASDOH alumni board past chair, celebrate the accomplishments of ASDOH and ATSU with alumni attending the American Dental Association Annual Session and alumni from the San Antonio, Texas, area.

## Human Movement/Kinesiology Alumni and Student Reception

Sept. 8

Alumni and students join Tracie Rogers, PhD, chair, kinesiology, for a reception during the Kinesiology Summer Institute in Gilbert, Ariz.



*More round-ups on next page* →

# Reunion round-up, cont.

## Portland Alumni, Students, and Friends Reception

Oct. 23

Kay Kalousek, DO, dean, SOMA, updates alumni, students, and friends of all ATSU schools at a regional event held in Portland, Ore.

## AOA OMED Convention

Oct. 26

Craig M. Phelps, DO, '84, president, ATSU, and John Bodell, DO, FACOS, '71, president, Kirksville Osteopathic Alumni Association, present Lex C. Towns, PhD, with the 2014 KOAA Living Tribute Award at a reception held in conjunction with the American Osteopathic Association OMED Convention in Seattle, Wash.



Drs. Phelps and Bodell present Michael Lockwood, DO, '81, with the 2014 KOAA Distinguished Service Award.



Check out our alumni Facebook page at [www.facebook.com/atsu.alumni](http://www.facebook.com/atsu.alumni) for more event photos and updates, and like us while you're there!

# Upcoming 2015 alumni events

Visit [www.atsu.edu/alumni/events](http://www.atsu.edu/alumni/events) for current event information, or contact [alumni@atsu.edu](mailto:alumni@atsu.edu) to learn more. Registration for conferences is not required to attend alumni events.



**JAN  
24**

**ASHS 20th Anniversary Celebration**  
Arizona campus

**FEB  
3**

**DHSc alumni and student reception**  
Gilbert, Ariz.

**FEB  
5**

**PT alumni reception at APTA CSM**  
Indianapolis, Ind.

**FEB  
6-7**

**ASDOH Alumni Weekend**  
Arizona campus

**FEB  
-  
MAR**

**PT Spring Training Seminar Series**  
Phoenix, Ariz., area

**MAR  
6**

**PA alumni reception at ASAPA Conference**  
Sedona, Ariz.

**MAR  
25**

**AuD alumni reception at AAA AudiologyNow**  
San Antonio, Texas

**APR  
17**

**OT alumni reception at AOTA Conference**  
Nashville, Tenn.

**MAY**

**KCOM/SOMA alumni reception**  
*at AOMA Convention*  
Phoenix, Ariz.

**MAY  
23**

**PA alumni reception at AAPA Conference**  
San Francisco, Calif.

## 1960s

**Edward M. Hobbs Jr., DO, '62**, Austintown, Ohio, is retired after more than 50 years in primary care.

**Wayne C. Cole, DO, '65**, retired in October 2013 after more than 40 years of serving patients in Providence, Ky. During his career, he was a flight surgeon in the U.S. Air National Guard (1984-99), was on the Green River Health Department for nearly 30 years, and served four years on the Providence City Council and four years as Providence mayor.



**John R. Bowling, DO, FACFP, '69**, Trophy Club, Texas, was recognized with the Meritorious Service Award for his leadership and commitment to osteopathic family medicine at the joint meeting of the Texas Osteopathic Medical Association and Texas Society of the American College of Osteopathic Family Physicians in San Antonio, Texas, in June.

## 1970s

**Ted C. Alexander Jr., DO, '71**, retired in August 2013. He is now a full-time farmer and rancher in Wichita Falls, Texas.

'71

**“Best wishes to all my classmates.”**

– **Dr. Ted Alexander**



**Thomas N. Told, DO, FACFP, '73**, was recognized as Educator of the Year by the American College of Osteopathic Family Physicians at their 51st annual convention held in Philadelphia. Following a long career of general practice in Craig, Colo., he presently serves as interim dean and chief academic officer for the Rocky Vista College of Osteopathic Medicine in Parker, Colo. He served as 2006-07 ACOFP president.

**E. Glenn Browning, DO, '74**, closed his private practice in Kirksville on Aug. 1.

**Frederic L. Jackson, DO, MPH, FAAFP, '74**, underwent his fourth retirement Nov. 28, 2013. Dr. Jackson, a former naval aviator, attended KCOM on a Navy scholarship and remained in the Navy to complete a 30-year career, including a family medicine residency, designation as a naval flight surgeon, numerous tours on both coasts and abroad, and commanding naval hospitals in Oak Harbor, Wash., and Long Beach, Calif. Following military retirement, he practiced as a hospital medical director, family medicine residency director, and for the past nine years as a full-time hospice physician in Georgia and California.

Dr. Jackson is certified by the American Board of Family Medicine in hospice and palliative medicine, American Osteopathic Board of Public Health and Preventive Medicine (Aerospace), American Board of Hospice and Palliative Medicine, the late American Board

of Medical Management, and as a certified physician executive by the American College of Physician Executives.

Dr. Jackson and his wife, Pat, former nursing director at the Adair County Nursing Home, live in Pensacola, Fla.

**David V. Pulliam, DO, '78**, Corder, Mo., received the 2014 Family Physician of the Year Award from the Missouri Academy of Family Physicians at their 66th Annual Scientific Assembly, held June 6-7 in Lake Ozark, Mo. He was chosen based on nominations made by patients, community members, and fellow physicians.

Dr. Pulliam is ABFM certified in family medicine and is an AAFP fellow. He practices at Family Practice Associates of West Central Missouri with clinics in Higginsville and Warrensburg. He has been an MAFP member since 1983.

## 1980s

**Michael L. Kuchera, DO, '80**, Greenwood, Ind., professor and chair, Marian University College of Osteopathic Medicine, successfully reapplied for an additional five-year fellowship (2014-19) with AACOM's National Academy of Osteopathic Medical Educators in the teaching and evaluation category.



**Michael D. Lockwood, DO, FCA, '81**, is on faculty in the OMM department at Liberty University College of Osteopathic Medicine. He spent 32 years on faculty at KCOM and as a clinician at the Gutensohn Clinic.



**Paula J. Melone, DO, '81**, received second place in the ACOG film festival for her film, "Fetal Pig Simulation Model for Uterine Evacuation" at the 2014 American College of Obstetricians & Gynecologists meeting in Chicago. Dr. Melone is clinical assistant professor at Loyola University Medical Center (Maywood, Ill.), in the division of maternal-fetal medicine and teaches obstetrics and gynecology.



**Cynthia B. Paulis, DO, '84**, Massapequa, N.Y., was honored for her contributions to the community by assemblyman Joseph Saladino along with eight other accomplished women on Long Island at his 2014 Women of Distinction Awards Ceremony. The annual event highlights outstanding and highly successful women in the community and showcases them as examples for other young women to follow.

**Don L. Maples Jr., DO, '85**, Springfield, Mo., was featured in *The Marshfield Mail* story "Dr. Don Maples is bringing back the old-fashioned house call," published March 12. Dr. Maples, a physician with Ozarks Community Hospital's Bolivar Clinic, visits patients in their homes once a week.

**Howard S. Levine, DO, '87**, was elected president of the medical staff at Bayonne Medical Center. This is his fifth term as president, as voted by physicians on staff. Dr. Levine maintains two offices in New Jersey, one in Bayonne and one in Jersey City. An important part of his practice is performing house calls for the elderly; he visits more than 1,000 patients in their homes each year. Dr. Levine also serves as a regional assistant dean for ATSU.



**Daniel V. Freeland, DO, '89**, Austin, Texas, was recognized for his leadership and commitment to osteopathic family medicine at the joint meeting of the Texas Osteopathic Medical Association and Texas Society of the American College of Osteopathic Family Physicians in San Antonio, Texas, in June. Dr. Freeland, ACOFP vice president-elect, served as a convention co-chair and was given the Radar Award for his judicious oversight of the Texas Society's finances throughout the year. He will become society president in 2015.

#### 1990s

**Mark DeSantis, DO, '93**, West Islip, N.Y., was selected as Physician of the Year by the American Academy of Radiology. He was honored at a ceremony in June in Tampa, Fla.



**Dale Alsager, DO, PhD, '94**, longtime family physician in Maple Valley, Wash., and part-time medical school instructor, was appointed interim dean, medicine and health sciences,

## Remembering a comedic legend, DO friend

Joel B. Cooperman, DO, '75, (second from left) with the late actor-comedian Robin Williams and Angela DeRosa, DO, and Peggy Stowers at the 2004 AOA Convention. Williams shared impromptu jokes about the medical profession and medications with DO leaders and pharmaceutical executives at the Friends of the American Osteopathic Association's Dinner in San Francisco.



© Michael E. Fitzgerald, courtesy of the American Osteopathic Association

of Seattle-based International Cloud University. According to Dr. Alsager, International Cloud University uses cloud-based teaching to allow students to obtain an accredited medical degree anywhere in the world.

**Gina Reghetti, DO, '95**, Warren, Ohio, recently published two articles highlighting the osteopathic medical profession and the challenges it faces: "Saving Private Osteopathic Medicine" and "ACA: The Shredding of Healthcare and United States' Constitution."



**Katherine R. "Kate" Lichtenberg, DO, MPH, FAAFP, '97**, Kirkwood, Mo., past president and board chair, MAFP, received the Soaring Eagle Award during the 66th Annual Scientific Assembly of the Missouri Academy of Family Physicians on June 7 in Lake Ozark, Mo., for completing her tenure in leadership. Dr. Lichtenberg is physician director of Enhanced Personal Health Care at Anthem Blue Cross and Blue Shield in Missouri. She has been an MAFP member since 1997.

**Daniel J. Jones, DO, '99**, Sandy Lake, Pa., is on his second five-year medical mission since 2007 with his wife at Zimba Mission Hospital in Zimba, Zambia, Africa.

### 2000s

**Mark W. Shen, DO, '00**, Osage Beach assistant medical director, achieved the gold standard credentials in hospice medical director certification from the Hospice Medical Director Certification Board.

Dr. Shen has more than 12 years of family medical practitioner experience. He currently practices in the family medicine department at Lake Regional Health System and is on staff at Lake Regional Hospital and Osage Beach Health Care. Dr. Shen began his career at St. Johns Mercy Medical Center in St. Louis, Mo., where he served as chief resident in family medicine from 2002-03.

Dr. Shen is board certified in family medicine and an active member of The American Academy of Family Physicians and the Missouri State Medical Association. He also is president of the Lake Ozark Medical Society.

**Brian Panik, DO, FCOEP, FACEP, '02**, Haleiwa, Hawaii, was nominated to serve on University of Hawaii's board of regents. Dr. Panik also is treasurer and secretary for Hawaii ACEP's board of directors and vice president of HIBC's board of directors in Honolulu.



**Peter U. Baik, DO, '05**, joined Cancer Treatment Centers of America in Tulsa, Okla., as a thoracic surgeon. He provides minimally invasive thoracic procedures, including laparoscopic surgeries, video-assisted thoracic surgery, and chest wall reconstructions. He is trained in robotics using the da Vinci® SiTM surgical robot. Dr. Baik is certified by the American Osteopathic Board of Surgery and a member of the American Osteopathic Association.

**"This is a job I know well and I enjoy. As president, I hope to create an atmosphere of mutual cooperation and fluid communication between the medical personnel and the administration to best serve the Bayonne population."**

**– Dr. Howard Levine, medical staff president, Bayonne Medical Center**

'87



**Timothy Oh, DMD, '08**, was named president-elect of the Maine Dental Association at the 2014 state dental convention in Rockland, Maine. Dr. Oh served as vice president and chair of the executive board for the state association from 2013-14. He also received an honorary fellowship into the international dental organization, the Pierre Fauchard Academy. At the American Dental Association annual session in New Orleans, Dr. Oh received the distinction of being inducted into fellowship with both the American College of

**“It is not due to physicians’ lack of commitment or education, but the changing conditions in which we practice.”**

– **Dr. Gina Reghetti, from “Saving Private Osteopathic Medicine”**

**'95**

Dentists and the International College of Dentists.

Dr. Oh is currently director of Caring Hands of Maine Dental Center in Ellsworth, Maine, an active externship site for ASDOH seniors. He's also immediate past president of the ASDOH Alumni Board (2014-15).

**Lincoln J. Westfall, DO, '08,** Zillah, Wash., joined the Sunnyside Community Hospital team of physicians in February and also sees patients at the Lincoln Family Medicine Clinic, both in Sunnyside, Wash.

**Jonathan M. Beary, DO, '09,** Kirksville, Mo., joined Northeast Regional Medial Group as an adult neurologist in August. Dr. Beary is the only neurologist in the Kirksville area certified by the American Board of Neurology and Psychiatry. He completed his internal medicine and neurology residency at The Cleveland Clinic in Cleveland, Ohio, where he served as a fellow in electromyography and neuromuscular disorders. Dr. Beary is a member of the American Academy of Neurology and holds additional certification in clinical neurophysiology/epilepsy, as well as in therapeutic applications of neurotoxins.



Bucky, the Ram of Reason

**It takes Bucky**

**47**

**minutes**

**to read**

***Still Magazine***

It will take you less than 10 minutes to complete the 2014 *Still Magazine* readership survey. Help make your alumni magazine an even better read by giving us your feedback at [tinyurl.com/SMSurvey14](http://tinyurl.com/SMSurvey14).

**2010s**

**Mark Takayoshi “Tak” Shima, DO, ’10**, went to St. Elizabeth/St. Joseph in Warren, Ohio, for clinical rotations, staying on as a resident in surgery and becoming chief resident. He recently was accepted into the Kleinert Institute Hand Surgery Fellowship in Louisville, Ky., and is the only resident (and the only DO) serving on the Emergency Hand Care Committee for the American Society for Surgery of the Hand.

Dr. Shima’s research, “Kaolin Thromboelastography is Unreliable for Detecting Warfarin-Coagulopathy” was published in the *Thrombosis Journal*. He presented that publication at Resident Research Day at St. Elizabeth’s Hospital and won first place for oral research.

He has been honored with several other awards—the prestigious Resident of the Year Award by Akron Children’s Hospital and five awards in recognition for excellence in action: Excellence in Service Documentation, Patient Care and Bedside Manner, Emergency Patient Care, and two Patient Care awards. Dr. Shima was a QOS Leadership Rounds Honoree.

As an osteopathic general surgeon, he wrote an EMR note template for hand trauma adopted and presently in use by the orthopaedic and trauma departments of St. Elizabeth’s.

**Elaine Kalous, AuD, ’14**, and **Elizabeth D’souza, AuD, ’14**, received Professional Leadership Awards for outstanding performance and contributions to the community and profession at a ceremony held Aug. 7 at the Superstition Springs Golf Resort. Dr. D’souza is a speech and language

practitioner in the Connecticut school system and is pursuing licensing for a career in educational audiology. Dr. Kalous is in practice at the Department of Veterans Affairs Medical Center in Cleveland, Ohio.

**Mia Pendergrass, AuD, ’14**, received the Outstanding Student in Audiology Award at a ceremony held Aug. 7 at the Superstition Springs Golf Resort for her academic excellence and professional growth in the program.

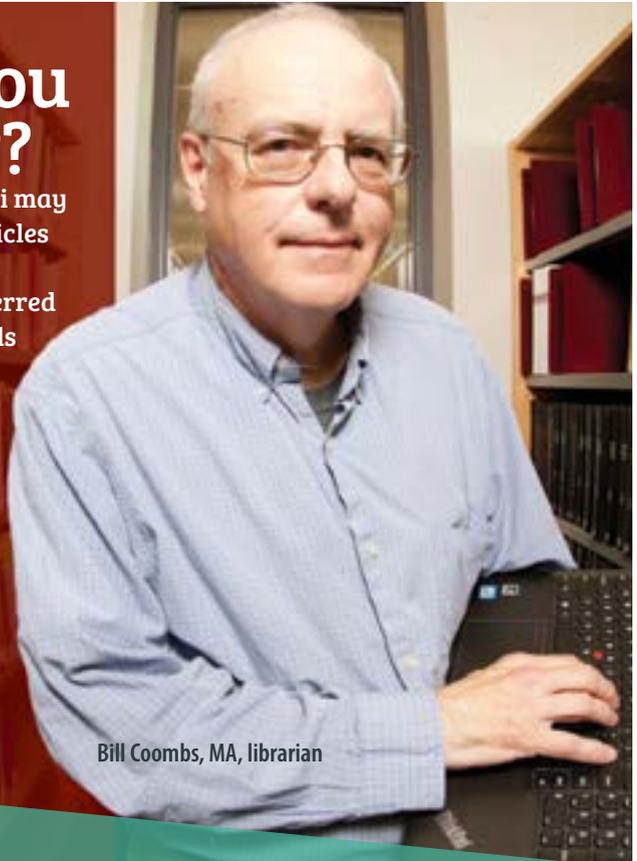
**Michelle Weber, MS, ’14**, and **Kelsey Picha, MS, ’14**, represented ATSU’s Athletic Training program at the Arizona Parks and Recreation Association award banquet,

held Aug. 18. Mesa Parks and Recreation, in partnership with ATSU, Positive Coaching Alliance, Arizona State University College of Health Solutions, NextCare Urgent Care, and East Valley Sports, received the Outstanding Program Award for their Positive Play Project that encourages wellness and development in youth sports.

Submit  
class notes to  
[stillmagazine@atsu.edu](mailto:stillmagazine@atsu.edu).

## Did you know?

All ATSU alumni may receive five articles per month for free from preferred medical journals at the A.T. Still Memorial Library. After that, it’s only \$10 each for additional articles.



Bill Coombs, MA, librarian

Learn more at  
<http://guides.atstu.edu/alumnibraryservices>

# SOMA + residencies

Many in SOMA's inaugural graduating class have finished residencies. Here are the details of their latest milestone and what the class of 2011 had to say about it.

92 in the graduating class



77 responded

50 completed 3-year residencies

22  
family  
medicine

17  
internal  
medicine

7  
pediatrics

4  
emergency  
medicine

"During residency, I always tried to find a commonality with my patients. It is amazing what patients will tell you about themselves and their illness when the doctor-patient hierarchy is leveled to simply two people talking and trying to figure out how to get the patient healthy again."

– Aneesh Garg, DO, sports medicine and non-surgical orthopaedic fellow, Birmingham, Ala.



"I remember the moment I realized how fortunate I am to be in a profession that cares for people at their deepest level of need, in circumstances when they literally place their lives or their children's lives in your hands with complete trust."

– Paul Round, DO, pediatric specialist, Antelope Valley Community Clinic, Lancaster, Calif.

"One thing I would say to new residents is there is something to be learned from everyone you work with. ... You will learn from the actions of each one that you want to emulate—or never duplicate."

– Kimberlee Wilson, DO, addiction medicine fellow, Loyola University Medical Center, Chicago, Ill.



"One thing I remember most from residency is that the process builds strength, endurance, and confidence that will last my career."

– Danielle Barnett, DO, faculty physician in family medicine, St. Joseph's Hospital, Phoenix, Ariz.

# faculty & staff news



**Bob Basham, CFRE**, retired in May. Basham served as vice president, university advancement, from 2005-13. He then transitioned to director, alumni relations, focusing on building a strong university-wide alumni association. His most notable contributions during his tenure as vice president includes expanding the Museum of Osteopathic Medicine<sup>SM</sup> and moving it toward accreditation and planning and implementing fundraising for The Center for Advanced Oral Health on the Arizona campus.

**ATSU**

**Jan S. Baum, MA**, was named director of continuing education and began work on the Arizona campus on Oct. 1. Baum previously served as director, education/training, American Urological Association (Linthicum, Maryland); director of operations, meetings & events, Science Care (Phoenix); and CME coordinator, John C. Lincoln Health Network (Phoenix).



**Ann M. Boyle, DMD**, was named associate vice president – academic innovations in August, serving in the Office of the Senior Vice President – Academic Affairs. She has administrative oversight of the following programs: A.T. Still Memorial Library, Interprofessional Education and Collaboration, Office of Assessment & Accreditation, Aging Studies Project, Teaching & Learning Center, and National Center for American Indian Health Professions. She also works with deans, directors, and faculty on developing academic initiatives on both campuses.

Dr. Boyle previously served nine years as dean of the School of Dental Medicine and for the last three years as interim provost of Southern Illinois University, Edwardsville.

**Jane Johnson, MA**, was named assistant research professor, A.T. Still Research Institute. She continues to serve as associate director for DO-Touch.net, as well as establishing her own independent line of research. Johnson has a 15-year history with ATSU Research Support, most recently as senior biostatistician, and has collaborated with the A.T. Still Research Institute as both statistician and co-investigator since its inception.



Johnson received her BA in mathematics and MA in statistics at the University of Missouri - Columbia and is continuing her doctoral work in epidemiology at Walden University. Her current research interests include identifying patient and physician characteristics, which can be used to determine how well or poorly a patient will respond to osteopathic manipulative treatment, as well as comparing the effectiveness of osteopathic manipulative treatment to other conventional and alternative forms of treatment.

**Dean Maag**, manager, academic technologies, received the 2014 Missouri campus Distinguished Service Award.

**Barbara Maxwell, PT, DPT, MSc, Cert THE, FNAP, '06**, director, interprofessional education & collaboration, ATSU, and professor, ASHS, was named inaugural chair of the National Academy of Practice in Physical Therapy under the National Academies of Practice. She also was inducted as a distinguished scholar and fellow of the Academy during the Annual Forum of the NAP on April 4-6 in Washington, D.C. Dr. Maxwell also was nominated to the program committee for the international Interprofessional Conference, Collaborating Across Borders.

**Courtney McCormack, MAEd**, admissions counselor, residential admissions, received the Arizona campus Employee Excellence Award for the first quarter of 2014.

**Lisa Ncube, PhD**, was appointed inaugural director of the Office of Assessment & Accreditation in the Office of Academic Affairs, effective July 1. The Office of Assessment & Accreditation supports assessment, accreditation, and quality improvement efforts of ATSU through evidence-based planning and evaluation. Its core function is to effectively manage data for the accurate and timely provision of information and reports to members of the ATSU community, including the Board of Trustees, administrators, faculty, staff, and students, as well as to appropriate external constituencies.

Dr. Ncube previously served as associate dean of assessment, accreditation, and quality improvement at ASHS.



Rieder

**Richard "Rick" Rieder, MBA, MM**, is ATSU's new vice president of finance/chief financial officer. Rieder most recently served as vice president for administration/chief financial officer at the Kansas City Art Institute in Kansas City, Mo. He began his role with ATSU on Oct. 1.

Rieder brings 28 years of executive-level finance experience representing private higher education to ATSU. Prior to his position with the Kansas City Art Institute, he served as vice president for finance at several institutions of higher learning, including Millikin University (Decatur, Ill.), Malone University (Canton, Ohio), and Greenville College (Greenville, Ill.). His primary responsibilities included oversight of the business office, human resources, facilities, risk management, investments, and auxiliary services.

Rieder's professional affiliations include the National Association of College and University Business Officers, College and University Personnel Association, financial review board and consultant/evaluator for the Higher Learning Commission, and Association of Business Administrators of Christian Colleges.

Combining his passion for business and performing arts, Rieder earned bachelor of arts degrees in business and music from Baker University (Baldwin City, Kan.), a master of music from Oklahoma City University (Oklahoma City, Okla.), and a master of business administration from Regent University (Virginia Beach, Va.).

Rieder's wife, Darlene, joined him in Kirksville. They have two sons; Ryan, a system engineer with Cerner Corporation in Kansas City, Mo., and Ben, a graduate student attending UCLA.



Sidwell

**Jean Sidwell, MALS**, director, A.T. Still Memorial Library–Missouri, received the 2013-14 Excellence in Advising Award at KCOM's Student Organization Leadership Orientation.



Dr. Bell

**Jim Bell, DDS**, vice dean, retired in June. He served in this capacity since July 2003.

**Rachel Courtright** was named AEGD program coordinator. She served as AEGD patient services coordinator for the past two years. She works closely with AEGD faculty, coordinating all aspects of the AEGD residency, as well as administrative tasks for the Advanced Care Clinic.



Dr. Creech

**Joseph Creech, DDS**, director, ASDOH Dental Clinic, received a Faculty Excellence Award from the Arizona campus Student Government Association in May.

**Jack Dillenberg, DDS, MPH**, dean, was re-appointed to the Southeast Maricopa Regional Partnership Council of First Things First. Dr. Dillenberg is one of only two dentists statewide serving on the regional First Things First councils.

**Charles Matlach, DDS**, was appointed associate clinical director, AEGD program, and works with AEGD residents in the Advanced Care Clinic.



Dr. Park

**Jae Hyun Park, DMD, PhD, MSD, MS**, associate professor, chair, postgraduate orthodontics, lectured at the annual session of the American Association of Orthodontists, held April 25-29.

Dr. Park also was appointed as a consultant/site visitor with the Commission on Dental Accreditation. He attended a training session at the American Dental Association headquarters in Chicago on June 26-27. He will serve with the advanced specialty education programs in orthodontics and dentofacial orthopaedics regarding compliance with accreditation.

Earlier in June, Dr. Park was a featured speaker at the First New York University Orthodontic Alumni Reunion.

**Seena B. Patel, DMD, MPH, '10**, associate director, oral medicine, Dental Care West, is a diplomate of both the American Board of Oral Medicine and American Board of Orofacial Pain.

**Dawn Pruzansky, DMD**, is the new associate administrative director, postgraduate orthodontic program. Dr. Pruzansky has both private practice and teaching experience. She was a clinical assistant professor at NYU College of Dentistry and is currently an associate orthodontist at Southwest Dental Group.

**Rebecca Schaffer, DDS**, adjunct professor, Advanced Care Clinic, was nominated to the World Federation of Hemophilia-Dental Committee.



Dr. Shantinath

**Shachi Shantinath, DDS, MPH, PhD, CPH**, associate professor, had her abstract, "Moving Mountains with Metaphors—Brush Your Mind," accepted for oral presentation at the National Conference on Health Communication, Marketing, and Media, held Aug. 19-21 in Atlanta, Ga. The conference was sponsored by the Centers for Disease Control.



Dr. Alexander

**Jeffrey Alexander, PhD**, associate professor, health sciences, presented twice at the American Society on Aging conference, Aging in America, in San Diego, Calif., in March.

**Brandi Buchanan, OTD, OTR/L**, assistant professor, occupational therapy; **Cory Manton, PT, DPT, OCS, '01**, assistant professor, physical therapy; **Ian McLeod, MEd, MS, ATC, PA-C, '08**, director, physician assistant studies; **Tamara Valovich McLeod, PhD, ATC, FNATA**, director, athletic training; and **Thomas Rigo, PhD**, associate professor, audiology, received Faculty Excellence Awards from the Arizona campus Student Government Association in May.

**Annlee Burch, PT, EdD, MPH, MS**, vice dean and associate professor, was a member of the Women in Education Leadership at Harvard Graduate School of Education, held March 6-8.

Email residents about schedule change. Review article on healthcare reform. Type case report. Refer patient to a specialist. Review lab report. Review X-ray. Review CAT scan report. Check email. Check fax machine. Return pharmacy refill requests. See first patient. See 10th patient. Chug coffee. Fill out physical exam forms. **Read your alumni magazine.** Follow up with lab tech. Leave voicemail with patient about blood work. Comfort new mother while giving newborn shots. Fit a hearing aid. Explain why generic medication won't work for this condition. Return son's phone call – yes, I can pick you up after soccer practice. Listen to with dermatologist. Follow up medicine. Check oral hygiene. options for state aid patient Call neurologist. Fill cavity. Apply Tune cochlear implants. Sign up Make hospital rounds. Conduct hearing protection program at local school. Straighten teeth. Make nursing home rounds. Diagnose unusual physical symptoms as depression. Schedule surgery. Schedule ultrasound. Prescribe medicine for hypertension. Perform colonoscopy. Counsel patient on infertility. Interpret audiometer results. **stillmagazine.atsu.edu**. Take impressions of teeth. Perform root canal. Screen patient for jaw bone cancer. Examine medical history. Measure range of motion. Test motor function. Develop treatment plan. Perform Well Child exam. Hang up lab coat.



# Closing the books

## ATSU's financial guru retires

By Lee Cashatt

**M**ore than three decades of institutional history and financial know-how can be found in the cozy, crafty office of Monnie Harrison. Harrison's desk is neatly stacked with paperwork and color-coded file folders. As ATSU's CFO and vice president for finance, it's safe to say Harrison, CPA, sees her fair share of numbers and dollar signs à la budgets, financial statements, and bond issues. Now, after 32 ½ years with the University, Harrison decided it's time to close the books.

"I have two young grandchildren, and I just want to spend time with them. I want to spend time with my family and travel," says Harrison, who will spend part of her first month off on an all-girls trip with her two sisters in Florida. "Thirty-two years is a long time to stay one place, and there's probably new ways of doing things. A new set of eyes is a good thing to have."

But taking it easy in retirement may not be easy. A self-proclaimed workaholic, Harrison is known for her unyielding dedication. Even on vacation days she might stop by her office for an hour ... And then work a full shift on a Saturday.

She admits that on her first day as a retiree she'll still wake up at the same time and drive down Osteopathy Street thinking she needs to go to work.

"I am thankful for the career I've had," she says. "It will be hard, though. It will be quite a change for me; it's been such a big part of my life."

The ever-upbeat Harrison worked her way through an evolution of financial positions at ATSU since 1982. She helped maintain the University's financial stability through countless expansions and reorganizations and walked alongside five presidents, guiding them in financial matters. Harrison says it has been both challenging and rewarding to balance the growth while protecting the University's financial position and resources.

Her strict adherence to ethics is what defines her. Harrison's time at ATSU revolved around closely knit relationships with the president, Board of Trustees, legal counsel, auditors, and 25 staff members she manages. She is trusted with valuable and confidential information and relied upon for accurate and timely data reporting—the very facts and figures used to make ATSU's most important decisions.

"We will no longer be able to say, 'Let's check with Monnie,' when it comes to asking important financial questions affecting ATSU," says



Harrison's official retirement date was Sept. 30.

ATSU President Craig M. Phelps, DO, '84. "However, her positive impact on the University will last generations."

Harrison's enviable financial career may have given her the corner on the market, but she offers solid parting advice for her successor and the University: "Maintain integrity and with that will come respect," says Harrison. [↗](#)

special feature

# Monnie talk

*Co-workers, past and present, share fond farewells*

"I have so many fond memories of working with Monnie, and she has always supported me during tough times. She has been great to work for. Monnie, enjoy every day, have some fun, hug those babies, and last but not least, don't forget me when you get that tiki hut on the beach!"

– Donna Brown, MBA, SPHR, assistant vice president, human resources, ATSU

"Monnie has worked tirelessly for the university over the years. She is definitely an unsung hero in what she has contributed to the success of this institution and the profession."

– Margaret Wilson, DO, '82, dean, KCOM

"Nobody can say no with a smile like Monnie."

– W. Jack Magruder, EdD, president emeritus, ATSU

"Monnie's ability to relate difficult and complicated matters to the Board of Trustees has always impressed me. Monnie's opinion carries great weight with the board and ATSU as a whole, which is a testament to the respect she has earned."

– Matthew R. Heeren, JD, vice president & general counsel, ATSU



Honored to be the Grand Marshall at KCOM's commencement in May, this was Harrison's first time attending a graduation. "It was awesome," says Harrison, pictured left with Dr. Phelps, right.

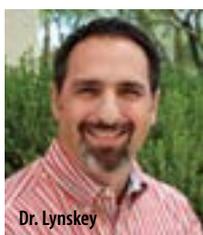


**Melissa Clark, MS, OTR/L, CHT**, assistant professor, occupational therapy, returned to Danli, Honduras, with a team of occupational therapists and one nurse in May. The team provided therapy service for adults and children at a local clinic and traveled to remote villages to conduct home visits.

**Deanne Fay, PT, DPT, MS, PCS, '07**, associate professor, director, physical therapy, received the ASHS Distinguished Service of the Year award for excellence in service to the University, community, and profession.

**John Imundi, PT, DPT, CSCS, '09**, was named assistant professor, physical therapy. Dr. Imundi obtained his BA in international relations from Boston University, his BS in health sciences and MS in physical therapy from Touro College, and his DPT from ATSU in 2009.

Dr. Imundi previously served a large medical and rehabilitation organization where he was area therapy director for the greater Phoenix region. He also has extensive experience in inpatient and skilled nursing facilities. He was director of a pulmonary rehabilitation program he developed and managed while in New York.



**James Lynskey, PhD, PT**, associate professor, director, physical therapy, received the ASHS Scholar of the Year award for excellence in the scholarship of discovery, integration, application, and teaching. This award was sponsored by John Heard, PhD, vice president, research, grants, & information systems, ATSU.

**Bob McMullen, EdD, PA-C**, director of assessment, technology, and research, physician assistant studies, received an award plaque of program appreciation Aug. 2 in recognition of his outstanding contribution to student learning and teaching by example. The award was presented by Northern Arizona University's department of physician assistant studies. Dr. McMullen supervises first-year NAU students at Phoenix Allies for Community Health free clinic in Phoenix, Ariz., where ATSU PA students also have first-year clinical experiences.



**Bernadette Mineo, PhD, OTR/L**, has transitioned from her role as occupational therapy chair, a position she has held since June 2005. Dr. Mineo will become program director of ASHS' online post-professional occupational therapy programs.

**Eric Sauers, PhD, ATC, CSCS, '97**, professor and chair, interdisciplinary health sciences, attended Harvard Macy Institute's 2014 Program for Leading Innovations in Healthcare and Education in June.



**Linda Wheelis**, manager, physician assistant studies, received the 2014 Arizona campus Distinguished Service Award.

**Tawna Wilkinson, PT, '99, DPT, '04, PCS**, assistant professor, physical therapy, received the ASHS Educator of the Year award for excellence in teaching, inspiring students to think critically, and supporting intellectual curiosity.

**Katherine Adler, DHA**, associate dean, was appointed to the council of regents for the American College of Healthcare Executives.

**CGHS**



**Donna Allen, PhD**, assistant professor, co-presented on positive psychology and wellness at the National Wellness Conference in June in Minneapolis, Minn. Dr. Allen also had a proposal selected for presentation at the National Wellness Conference, also held in June, and two proposals accepted for presentation at the 28th International Congress of Applied Psychology Conference in Paris, France. She also was appointed to the *Journal of Aging and Physical Activity* editorial board.

**Jack Daniels, PhD, MEd**, associate professor, kinesiology, and **Sarah Johnston, PhD**, assistant professor, kinesiology, presented their abstract, "Daniels' Distance Runners – An Investigation of Cardiovascular Fitness over 45 Years," at the International Sports Science

Symposium in July. Dr. Daniels also served as keynote speaker for the conference.

**Kathleen DiCaprio, PhD**, was named chair, doctor of health sciences. Dr. DiCaprio previously served as assistant professor, microbiology and immunology, Touro College of Osteopathic Medicine, as well as director, content development and education, Oceania University of Medicine. She also served as instructor and curriculum consultant, Kaplan Medical. Dr. DiCaprio has a history of teaching undergraduate, graduate, and medical courses in areas related to infectious diseases and infection control, immunology, public health, and emergency preparedness.

Read more about Dr. DiCaprio's Ebola research on p. 27.

**Lihua Dishman, PhD**, assistant professor, presented "An engaged-scholarship approach to understanding the association of quality of hospital patient experience, hospital revenue cycle management, and hospital financial performance: Implications for teaching, learning, and research" at the Annual Conference of Michigan Academy of Arts, Sciences, and Letters in Rochester Hills, Mich., on Feb. 28. On May 14, she presented "An engaged-scholarship approach to teaching and learning connective topics" at the 7th Great Lakes Conference on Teaching & Learning in Mount Pleasant, Mich. She also presented "An engaged-scholarship approach to understanding the association of quality of hospital patient experience, hospital revenue cycle management, and hospital financial performance: Theoretical framework and findings" at the Annual Conference of Industry Studies Association in Portland, Ore., on May 28.



Dr. Halupa

**Colleen Halupa, EdD**, associate professor, co-authored "A Qualitative Pilot Study of an Online Accelerated Statics Course with Intensive Video Delivery," which was accepted for publication by the American Society for Engineering Education.

Dr. Halupa also was named to the editorial board as a reviewer for the *International Journal of Higher Education*.



Dr. Konecny

**Lynda N. Konecny, DHEd, MS, CHES, '08**, assistant professor, co-presented on positive psychology and wellness at the National Wellness Conference in June in Minneapolis, Minn. Also, Dr. Konecny's proposal, "Insulin Restriction and Disordered Eating-Related Behaviors among Adolescents with Diabetes," was accepted for a roundtable session at the Sixth Annual International Conference on the Health Risks of Youth in Santo Domingo, Dominican Republic, to be held Dec. 31, 2014-Jan. 3, 2015.



Turner

**Aesha Turner, MS, MCHES**, executive assistant, became a master certified health education specialist through the National Commission for Health Education Credentialing Inc.

## YOUR PARTICIPATION COUNTS

### Strategic plan 2016-20

Be on the lookout for an opportunity to comment and share ideas regarding ATSU's 2016-20 strategic plan. Campus and virtual town hall meetings are being scheduled and a draft document placed on the Google drive.

# ATSU

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**Lisa Archer, BSN, RN**, was named director, simulation and performance assessment. Archer previously served as quality improvement coordinator, Northeast Regional Medical Center, in Kirksville.



Dr. Chamberlain

**Neal R. Chamberlain, PhD**, associate professor, microbiology/immunology, applied for an additional five-year fellowship in his original submission category and was named an American Association of Colleges of Osteopathic Medicine 2014-19 fellow for its National Academy of Osteopathic Medical Educators.

**Keith Elmslie, PhD**, professor, pharmacology, and **Wesley Ryle, MD**, assistant professor, family medicine, preventive medicine, and community health, each received a 2014 A.T. Still Staff Award for Excellence in Teaching.



Hamlin

**Valerie Hamlin, BS**, curriculum coordinator, education development & services, received the Missouri campus Employee Excellence Award for the first quarter of 2014.

**Richard LaBaere II, DO, MPH**, associate dean, Still OPTI, was recognized as a Guardian of the Profession by the American Osteopathic Association. He also was recognized by the Association of Osteopathic Directors and Medical Educators for exemplary leadership and contributions to the profession at the AODME annual meeting in Santa Fe, N.M., on April 23-26.

**Michael D. Lockwood, DO, FCA, '81**, former professor, OMM; **Tatyana Kondrashova, MD, PhD**, assistant professor, family medicine; Amanda Schoenfuss, OMS III; and Alicia A. King, OMS III, won the 2014 AACOM Outstanding Medical Education Research Poster and Presentation Award at the American Association of Colleges of Osteopathic Medicine Annual Conference in Washington, D.C., on April 2-5. Their poster title was "Integration of Ultrasound into the Osteopathic Manipulative Medicine Curriculum."

**Kevin Marberry, MD**, chair, surgery, and **Keith Elmslie, PhD**, professor, pharmacology, received the 2014 KCOM Researcher of the Year Award.



Dr. Peterson

**Fred Peterson, PhD**, chair and professor, physiology, retired June 30 after 24 years of teaching.

**Patricia S. Sexton, DHEd, '08**, associate dean, curriculum, reapplied for an additional five-year fellowship in her original submission category and was named an American Association of Colleges of Osteopathic Medicine 2014-19 fellow for its National Academy of Osteopathic Medical Educators. Dr. Sexton also is the KCOM-NAOME fellows chair.

**Margaret Wilson, DO, '82**, dean and professor, family medicine, preventive medicine, and community health, served as keynote speaker at KCOM commencement in May.



Dr. Perry

**Kim Butler Perry, DDS, MSCS**, was named associate dean, clinical operations/director, dental services, for the University's new dental education and oral health clinic in St. Louis, Mo.

Dr. Perry most recently served as associate dean, clinical affairs, and associate professor, Office of Restorative Sciences, Meharry Medical College School of Dentistry in Nashville, Tenn. She received her DDS (1988) from University of North Carolina at Chapel Hill School of Dentistry in Chapel Hill, N.C., and was selected as the first dental faculty member in the United States into a NIH Roadmap Clinical and Translational Research Scholar Master's Program (2006). Dr. Perry completed her MS in clinical science with distinction from the University of Texas Southwestern Medical Center in Dallas, Texas.

Dr. Perry's experience spans more than 25 years in leadership and clinical care in oral health, in addition to a broad range of research focusing on health disparities, health promotion, disease prevention, and vulnerable children. She has received

MOSDOH

numerous awards and recognitions throughout her career, including Army commendation and achievement medals for dentistry and service.

**Aaron Allgood, DO**, assistant professor, received a Faculty Excellence Award from the Arizona campus Student Government Association in May.

**John George, PhD**, joined SOMA part-time as director, accreditation services. He is responsible for providing management, oversight, and direction for SOMA's accreditation initiatives.

Dr. George has extensive accreditation experience and recently led KCOM's highly successful reaccreditation by the Commission on Osteopathic College Accreditation. Dr. George also has a broad academic background in medical education with research interests in moral reasoning, professionalism, and clinical decision making.



Dr. Hover

**Mara Hover, DO**, was promoted to chair, clinical curriculum development, assessment, and outcomes. Dr. Hover has extensive experience as an RDME, course director, curriculum chair, and director of clinical education, qualifying her to lead the development, organization, and evaluation of the OMS III-IV clinical curriculum.

Dr. Hover also was selected as a health policy fellow, class of 2015, by the Arizona Osteopathic Medical Association.



Dr. Kirsch

**Jonathon R. Kirsch, DO, '96**, stepped down as chair, osteopathic manipulative medicine, to focus more on practice, research, and scholarship. He has served as chair since August 2006. A search for a new chair is underway.

SOMA

Effective July 1, **Joy Lewis, DO, PhD, FACP**, director, was promoted to professor; **Lise McCoy, EdD, MTESL**, associate director, was promoted to assistant professor, interdisciplinary studies; **Milton Pong, PhD**, was promoted to associate professor, basic medical science; and **Lorree Ratto, PhD**, director, medical simulation, was promoted to associate professor.

**Jeff Morgan, DO, FACOI**, was named chair, clinical education, effective July 1. He previously served in an interim role.

**Ray Pavlick, PhD**, was named associate dean, pre-clinical education, effective July 1. He previously served as associate dean since SOMA's inception.

**Rupal Vora, MD, FACP**, was named director, osteopathic student professional development, effective July 1. She previously served as coordinator.

**Gene Winfield, DO**, associate professor, clinical science education, passed his board recertification in internal medicine in June.

Submit faculty & staff news at [stillmagazine@atsu.edu](mailto:stillmagazine@atsu.edu).

# Donor RECOG



## DIPLOMATE AWARD

\$50,000-\$99,999

**Charles H. Williams, DO, '53, and wife Nellie Goeke Williams**

*Oxford, Mich.*

Dr. Williams is a psychiatrist and Mrs. Williams is a retired registered nurse.

donor recognition

## DISTINGUISHED PATRON AWARD

\$25,000-\$49,999



**Kirtida and Amish Amin**

*Chandler, Ariz.*

The Amins have been involved with ASDOH since it was founded. Their second son is currently enrolled as a student at ASDOH.



**Allan Allford, CPA, president and CEO, and Sandi Perez, PhD,  
vice president of communication and community benefit,  
Delta Dental of Arizona**

*Glendale, Ariz.*

# NITION

## HONORED PATRON AWARD

\$15,000-\$24,999



**1. Rick and Nicole Beyer**

*Phoenix, Ariz.*

The Beyers named a classroom in ATSU's The Center for Advanced Oral Health, which has been integral in educating ASDOH residents.

**2. Shag and John Grossnickle, Grossnickle Insurance**

*Kirkville, Mo.*

Grossnickle Insurance is a MOSDOH Founding Member.

**3. Tracy Collins, Whitney-Harrison Insurance Inc.**

*Kirkville, Mo.*

Whitney-Harrison Insurance is a MOSDOH Founding Member.

**4. Drs. Tisha R. Kice-Briggs, Richard Allinson, and Richard Gooch, Kirkville Dental Group**

*Kirkville, Mo.*

Dr. Kice-Briggs has served on the ATSU Board of Trustees since August 2013, and Dr. Allinson is a MOSDOH adjunct faculty member. The Kirkville Dental Group created the first scholarship endowment for MOSDOH students. The group is also a MOSDOH Founding Member.

**5. Sam Berendzen, president and CEO, American Trust Bank**

*Kirkville, Mo.*

American Trust Bank is a MOSDOH Founding Member.

**6. Norman Clarkson, DO, '70, and wife Deborah**

*Kirkville, Mo.*

The Clarksons are Founding Members of MOSDOH, and Dr. Clarkson provides physician services to area hospitals.



Outside of ATSU, Robert is involved in several internet marketing businesses with his son, and Ellen volunteers weekly with United Methodist Outreach Ministries (UMOM), a homeless shelter, by reading to homeless children and their families.

**“The Uhls have been wonderful supporters of ATSU. The University is fortunate to have Ellen and Bob give so much of their time helping our students, faculty, and staff succeed.”**

– Craig M. Phelps, DO, '84, ATSU president

## The board speaks **Uhl be surprised**

By Lee Cashatt

**C**onsummate businessman Robert Uhl is supremely skilled at watching the bottom line. In fact, it was a roundabout course of problem-solving events at his national meat processing company that eventually led him to ATSU.

Uhl, who at the time was president and COO of Bar S Foods Co., headquartered in Phoenix, Ariz., was concerned about the rising cost of healthcare for his employees. His research led to the development of an employee health and wellness incentive program. It was so successful, Bar S Foods went from a 14.5 percent per year medical insurance increase to a seven-year flat period.

During his 30-plus years with Bar S Foods, Uhl ultimately crossed paths with ATSU through his budding interest in medical delivery. Intrigued by the correlation between medical costs and the limited supply of healthcare professionals, Uhl believed ATSU's focus on serving the underserved was the missing puzzle piece in the American healthcare system.

Having served on ATSU's Board of Trustees for seven years, Uhl played an integral part in establishing the University's mission and vision statements—a cue he took from his extensive experience at Bar S Foods.

“The mission is simple, awe-inspiring, and can be interpreted by everyone in the organization in their own way,” Uhl explains. “We figured why not set the bar high—with pre-eminence. That's pretty broad, but what makes it so powerful is that everyone can interpret it differently.”

Uhl says working with the board is phenomenal, as it operates only by consensus, which is unlike any he's ever worked with before.

“We don't take votes. If one person doesn't agree, we don't do it,” he says. “We discuss, debate, argue, and deal with something until everyone can get on board with it. It makes you think through things a lot more than you might otherwise.”

But Robert isn't the only Uhl excited about ATSU. His wife, Ellen, has long supported the University as a founding member of Women for ATSU, a program that provides awareness and philanthropic support to the University. Together, the Uhls helped create the White Coat Society, an invitation-only program where community members gain unprecedented access to the Arizona campus.

Not surprisingly, the caring couple is not slowing down. The Uhls say that instead of retiring, they would rather give back because they care about their community, their friends, and their country. [✎](#)

## 1940s

**Charles K. Lacks, DO, '42**  
June 6, 2014  
Calhoun, Mo.

**John R. Roderick, DO, '42**  
July 13, 2014  
Kirksville, Mo.

**Virgil L. Sharp, DO, '45**  
April 10, 2014  
Watertown, Wis.

**Leonard E. Staff Jr., DO, '45**  
May 14, 2014  
Tempe, Ariz.

**Mack A. Truluck Sr., DO, '45**  
May 22, 2014  
Ponchatoula, La.

**Albert E. Salit, DO, '46**  
May 29, 2014  
St. Louis, Mo.

## 1950s

**Russell J. Duncan, DO, '51**  
Jan. 7, 2014  
Milwaukie, Ore.

**George O. Perraud Jr., DO, '51**  
May 21, 2014  
Plantation, Fla.

**Glen H. Sickinger, DO, '51**  
March 14, 2014  
Dayton, Ohio

**Leonard A. Lewis Sr., DO, '52**  
March 11, 2013  
Ada, Mich.

**Ralph H. Hayden, DO, '53**  
April 7, 2013  
Bowling Green, Mo.

**Wilmer C. Glenny, DO, '54**  
June 24, 2014  
Bellaire, Mich.

**Raymond F. Schroeder, DO, '54**  
Aug. 17, 2014  
West Bloomfield, Mich.

**Frederick E. Lingenfelter, DO, '56**  
June 30, 2011  
Peculiar, Mo.

**Thomas M. Skinker, DO, '56**  
April 16, 2014  
Tucson, Ariz.

**Thomas Verleni, DO, '58**  
March 20, 2014  
Naples, Fla.

**Edward Fleischman, DO, '59**  
April 19, 2014  
Voorhees, N.J.

## 1960s

**David K. Mokhtar, DO, '61**  
May 26, 2013  
Jefferson, Wis.

**Charles Sumkin, DO, '63**  
May 6, 2014  
Boynton Beach, Fla.

**Stephen F. Urban Jr., DO, '63**  
Feb. 19, 2014  
Fort Worth, Texas

**Walter H. Watts, DO, '63**  
March 18, 2014  
Colorado Springs, Colo.

**Joel Alter, DO, '64**  
Jan. 27, 2012  
Santa Rosa, Calif.

**David F. Norris, DO, '65**  
April 14, 2013  
Tyler, Texas

**Thomas J. Coy, DO, '67**  
July 10, 2014  
Nashville, Ill.

**Francis G. deBlois, DO, '67**  
July 16, 2014  
Lawrenceville, N.J.

**John R. Caruso, DO, '68**  
May 11, 2014  
Sebring, Fla.

## 1970s

**Albert N. Sandler, DO, '70**  
Oct. 15, 2013  
St. Louis, Mo.

**Myron E. Shepard, DO, '71**  
May 6, 2014  
Perrinton, Mich.

**Gary A. Goforth, DO, '72**  
April 19, 2014  
Nashville, Ill.

**Raymond R. Tubbs, DO, '73**  
April 19, 2014  
Cleveland, Ohio

**Stephen A. Holt, DO, '74**  
March 25, 2014  
Redfield, Iowa

**Harvey P. Rothman, DO, '76**  
Aug. 26, 2011  
Voorhees, N.J.

## 1980s

**Kevin W. Brewer, DO, '82**  
June 1, 2014  
Rolla, Mo.

**William S. Winston II, DO, '89**  
July 4, 2014  
Helena, Ark.

## 1990s

**Timothy D. Ernst, DO, '90**  
Aug. 17, 2014  
Kirksville, Mo.

**Ronald C. Butler, DO, '98**  
July 21, 2014  
Loch Arbour, N.J.

# In memoriam

## 2000s

**Marc R. Trychel, AuD, '00**  
Jan. 20, 2014  
Clermont, Fla.

**Susan E. D'Amours, MS, OT, '01**  
May 23, 2014  
San Francisco, Calif.

**Alisa A. Church, AuD, '06**  
May 2, 2014  
Glendale, Ariz.

**Sharon K. Askew, AuD, '07**  
Oct. 18, 2012  
Apple Valley, Minn.

**Dale E. Daugherty, AuD, '07**  
Oct. 13, 2011  
Pueblo, Colo.

**Oscar Sevilla II, DPT, '07**  
April 19, 2014  
Yuma, Ariz.

## 2010s

**Alfrede D. Provilus, MPH, '10**  
Jan. 5, 2012  
Brooklyn, N.Y.

**James R. Wilson, DO, MPH, '10**  
Jan. 16, 2014  
Cadillac, Mich.

**Martha J. Andrews, DPT, '11**  
July 8, 2014  
Colorado Springs, Colo.

## Administration, faculty, & staff

**Emil Blackorby, PhD (hon.),** former director of instrumentation, KCOM  
May 20, 2014  
Novinger, Mo.

**Mitchell Kasovac, DO, FACOFP, FAODME,** former faculty, SOMA  
April 5, 2014  
Phoenix, Ariz.

**Michael E. Samuels, PhD,** professor, CGHS  
April 7, 2014  
Salem, N.C.

**Beurt SerVaas, PhD,** former member and chair, board of trustees, ATSU  
Feb. 2, 2014  
Indianapolis, Ind.

Read full-length obituaries online at  
[stillmagazine.atsu.edu](http://stillmagazine.atsu.edu).

## 10th anniversary remembrance

In memory of souls lost  
on Oct. 19, 2004

**Clark Ator, DO, '94**  
**Rada Bronson**  
**Judith Diffenderfer, DO**  
**Kathleen Gebard, MA**  
**Matthew Johnson**  
**Steven Miller, MD**  
**Jonathan Palmer**  
**Toni Sarantino**  
**Richard Sarkin, MD, EdM**  
**Kim Sasse**  
**Paul Talley**  
**Mark Varidin, DO, '84**  
**M. Bridget Wagner, DO**



# Triathlon **strong**

The 30th annual NEMO Triathlon brought 150 hardcore triathletes to Forest Lake in Kirksville on Sept. 7. KCOM students provided therapeutic osteopathic treatments at the finish line. The swim-bike-run is sponsored by ATSU.

